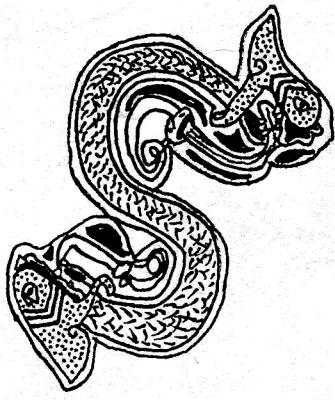


WITH: Generic + Housemartins interviews. War-toys, veganism, drugs, skating, martial arts, apostles statement, poems, cartoons, legal advice, adverts, information...

AND LOTS MORE!!!



o here it is at last, Guernica the second. I am quite pleased with the feed-back I got regarding the first issue although there were some criticisms.

The article which was unpopular with quite a few people was the one about cannabis written by Calvy. Some people were disgusted by the way it was so pro-hashish although others said they liked it. What was pleasing was that John (from Skull and Crossbones zine) has written an article attacking what Calvy said-and it has been published in this issue. Other comments and advice have been taken into consideration; on the whole though I'm pleased with the results and it seems most of the readers are as well. Hopefully this issue is an improvement.

I am attempting to run Guernica free of censorship so I will print anything I'm sent. If however I feel very strongly against a piece, I may state my opinions afterwards. It is essential that people contribute their own articles/poems/artwork/stories/cartoons/puzzles/adverts/publicity for a project/interviews/reviews/stuff to review/criticisms/advice or anything!!!

It would be a great help if written pieces are typed out as it would save me loads of time; this isn't obligatory though-written articles are better than nothing. If you want to take up a whole A4 page then it needs a  $\frac{1}{2}$  cm border around the page.

#### COMPETITION TIME

Ooooh! Well it's more of an invitation really-I'm inviting you the readers to design the front cover of Guernica 3. Sounds like Blue Peter doesn't it? The artist of my favourite piece will receive a free copy of the zine and will get 3 2nd hand LPs: Conflict's first 2 LPs and the Antisect LP (without a cover). I will also try to publish all artwork submitted within future issues. It is impossible to say what is the "best" piece of art because it is only my opinion as to which piece is my favourite. It's a chance to save me some work and hopefully get a good cover, and a chance for you to see your work in print as well as winning a (ahem) stunning prize.

#### The Rules

There aren't any. BUT the piece has to be in black and white ink and has to be able to fit onto an A4 sheet with a  $\frac{1}{2}$  cm border around it. Also because it's got to be photocopied, large areas of black should be avoided as they don't come out very well. Please state if you want your work returned. That's about it so get out your art-pad...

#### "HOW TO DO A FANZINE"

When I first had the idea to do a zine in April '87, I basically didn't have a clue how to get started. A lot of what I did was just common sense, but I had little practical information about how to get the whole thing together. I was lucky in that I had access to a photo-copier and fairly cheap paper, but it would have been much easier if I had a list of printers and their rates and quality etc. When I laid the pages out I didn't even know I needed a border around the page. So I thought it would be a good idea if the theme of Guernica 3 was to provide practical information and advice about every aspect of doing a zine. There are so many aspects involved in zine production, including:

- Getting the ideas together
- Getting in touch with bands, groups and others who might want to help
- Money (for materials, postage costs, ads and getting it reproduced)
- Laying it out
- Selling it

Believe me it's not easy, but it could be made a lot easier. What I'm inviting you to do is send in any information and/or advice you may have on any of the aspects listed above. Whether you're a printer listing your costs, a fanzine writer talking about your experiences or someone who reads a lot of zines with comments about what you think could be improved etc ANY INFORMATION IS VALUABLE. The success of the project is entirely in the hands of people who want to contribute.

The majority of the money made on this zine will be split between Common Ground, Black Wedge and the Westside Arts and Music Collective.

Thanks to all these people who helped: All the distributors, James, Apostles, Russell, Dave, Savi, Mich, Dan, Tracey, Tracy, Anth, John @, Common Ground, Generic, Phil, Paul, Sean and Janice, Pete, Roger Yates, Tala, Hurly, Darlington Media Group (printing), Vandy and his dad, Dad and anyone else I've missed out. Hello NC!

Nick  
Box Hope  
Common Ground  
1 Charlotte Square  
Newcastle-On-Tyne  
NE1 4XF

# •GENERIC•

## YEARS APART

I tried to think last night but no thought came flooding back, tried to grasp the memory that I once knew, its in here somewhere hiding from view, you will not talk to me but can I talk to you ? Only a few years ago we used to be so close, our minds were tied together, did things as one, now we've changed so much in such a short time, we used to be such good friends, now we're total strangers. I never thought things could ever change but slowly we drifted apart, going different directions, I didn't think this friendship could ever end. I want to know you more but the barrier is getting greater, try to overcome it, get it pushed back in my face once again.

## DEATH OF AN ERA

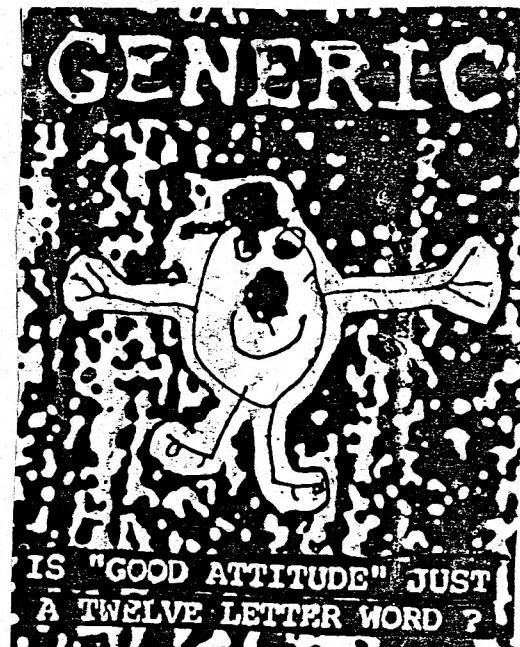
Look beyond the mirror, what does the future hold ? A cold dark reflection, is there an open door ? The breath steams the surface, it must be wiped away, a smear upon the clearness, it must be wiped away. Now the door is open, look, beyond the mirror is the picture on the wall, something that you want to be. Have people stopped thinking ? Do people not realise ? Is this the start or is this the death of...? The shattered glass in the fragments of the future, the dark metallic background that hides the real needs, a ripping scream of deadly pain. Is this the new beginning ? Is this the new religion ? Banging your head to a bunch of mindless fools is banging your head against a brick wall, or as much use as..... Is this the start or is this the death of an era ? "Smash the gods with the barbaric force", it really takes some doing, it really takes some beating, put some ideas behind the music which is good, or is "Good attitude" just a twelve letter word ? Why do you have to do it ? Why do I really listen ? I sometimes do but just to the music. Do people really take this in ? Do people really want this ? Are people really influenced by all this shit ? Yes, well that's okay then.....NO ! Is this the start or is this the death of an era ?

Generic are a Newcastle-based band made up of four individuals called Wizz, Terry, Sned and Nat. The band of old had two releases—an excellent split LP with Electro Hippies (now sold out) and the still-available "Free South Africa" EP. After a lengthy break the band have regrouped with a different line-up and have got a new EP out called "The Spark Inside". If you like your music fast and noisy with good personal and political lyrics then this is the band for you. This interview was returned in November with questions by Nick. Without further ado...

### 1. WHAT LED TO GENERIC BEING REFORMED? AND WHAT'S THE NEW LINE-UP?

Sm-Nostalgia, new line-up is Sleazebag Allstars, Sneedly Butthole-Drums, Calypso-Guitar, Smoocher-Bass.

Sn-The same reasons behind us starting up in the first place really, a lot of the fun had gone out of it at the end of the old line-up and people went different ways, after about 6 months of this we decided to give it another go-out of the blue, just like that! Micky and Paddy were into other things so wouldn't have really fitted into the "new" Generic, we're still friends though. Calypso moved from bass to lead and we asked our old buddy Nat (Smoocher) to join on bass, he said "yes".



2. HOW DID THE TOUR IN NORWAY GO? (autumn'87). WHICH OTHER BANDS DID YOU PLAY WITH?

Sm-The tour of Norway was fuckin' excellent.Went with the Westside Arts and Music Collective and managed a gig in Bergen and two in Oslo.Norway was a real inspiration and well worth going.We played with Wasp Factory (another band from W.A.M.C) and two Norwegian bands.One was Taf from Disorder's new band called T.H.C who are a noisy punky hardcore band (surprise! surprise!) and the other was "Zeppo Goes to Holocaust" another noisy punky hardcore band.

Sn-Yeah Norway is fab- dead expensive though, the first gig at Oslo was a benefit for Oslo squatters who had been arrested following an eviction and had fines to pay. The place we played-"The Blitz Club"-was excellent,a cafe/meeting place by day,venue by night.They also had the country's only all-wimmin run pirate radio operating from upstairs ,an anti-vivisection campaign office too. The people were dead good to us and we made lots of friends.The place we're trying to get together here in Newcastle is very much inspired by the Blitz Club.

3. WHAT IS THE PURPOSE OF THE W.A.M.C ? COULD YOU TELL US A LITTLE ABOUT IT ?

Ca-We've been going for about a year and a half now and have achieved some canny things,we've got 8 workers from the M.S.C(Manpower Services Commision: sexist bastards!) to help it develop, luck will have it that all the workers are cool dudes.Some of the things we've been doing,some of the gigs abroad were helped out by the collective.We also run rehearsal rooms and recording and stuff.We're trying to get a building as a venue/rehearsal room/cafe etc. No bar and maybe even no alcohol shows so all ages can get in...

Sn-The collective was set up as a way of mutual help between local (and further afield!) musicians and artists.Originally we pooled all our equipment until one night everything was stolen,we were lucky enough to get a grant for equipment though and have a reasonable set-up.Purpose:to provide cheap and adequate facilities and to promote the collective idea generally i.e people sharing ideas/experiences and helping each other out.

4. WHAT ARE THE THE BAND'S PLANS FOR THE NEAR FUTURE ? ANY RELEASES ?

Sm-A new 7" before '88 called "The Spark Inside",out on FlatEarth/Loony Tunes (This is now available for £1.30-U.K,£1.70-Europe and 5 dollars from U.S and everywhere else;from the address at the end of the interview.It's dead good- Nick).A track on "Future Now" zine's second edition flexi...

Sn-After that there's the possibility of doing an LP on "Meantime"(Ian from Dan's label) as long as he doesn't pull any of this "five quid"shit . Hopefully our label , "flat earth" can expand and help others out... Manic Ears are after us for an LP too.

Sl-And then blast back to Europe for some serious "HEEDSWEYP!!" (?-Nick) as well as the usual trying to get our views and ideas across to people.

5. I KNOW A COUPLE OF YOU SOMETIMES GO SABBING. WHAT IMPACT DO YOU THINK SABBING HAS MADE ON HUNTING IN GENERAL?

Sm-Well obviously it fucked up their "sport" a bit and more directly SABS SAVE LIVES!-what could be a more successful method?Sometimes you're gonna be more successful than others,sometimes you feel as if you're part of the game-such is life.

6. HOW COME SABS GET SO LITTLE ACTIVE SUPPORT WHEN 70% OF THE POPULATION ARE APPARENTLY AGAINST HUNTING?

Sn-Apathy I suppose...Only through action will the hunt ever be stopped-not legislation as many appear to believe.Plus there's the thing about people not bothering 'cos it seems so far away,'cos their head isn't on the chopping block.

7. WHAT DO YOU THINK OF SKATEBOARDERS WHO ACT FLASH AND SHOW OFF IN FRONT OF OTHERS?

Sm-They're really cool man.

Sl-What are skateboarders?Oh them with wheels on their feet and bandanas on their heads.

Sn-I think "smart arse little bastard" and "cor,I wish I could do that", posing sucks but I love to see good skating.I tend to fall off more than show off-maybe it's 'cos I haven't got a bandana.Skate for fun if that's what you're into and that's all there is to it.I don't give a shit whether it's trendy or not.

8.a) DO YOU THINK IT'S ALRIGHT TO SHOPLIFT FROM EXPENSIVE VEGETARIAN SHOPS (NEARLY ALL ARE EXPENSIVE) b) IF SOMEONE HAD STOLEN A SOUTH AFRICAN ORANGE AND OFFERED IT TO YOU, WOULD YOU EAT IT? WHAT ABOUT IF THEY STOLE NON-VEGAN FOOD?

Sm-Yes

Ca-Yes

Sn-Yeah, if you can get away with it. The non-capitalist food supplies like the food co-op on our street I would not rob from as it's run on trust not profit.

Sl-South African orange; yes I suppose I would if it was stolen, then there is no money going to the stinking Apartheid regime. If it had been paid for then I would have second thoughts.

Sn-S.A orange- I don't know really, as for non-vegan food- no I wouldn't, being a vegan. I know some "flexible" vegans who eat milk chocolate etc if they can rob it-that's fine if they can rob it, it's just not for me.

Sl-Well as for non-vegan food-as long as it didn't have any death in it, yes. I'm not a vegan just a boring veggie.

9. HOW CAN WE IN BRITAIN AFFECT CHANGE IN OTHER COUNTRIES (e.g South Africa, Nicaragua) ?

Sn-The best way, obviously, would be to go and fight for revolution in such places-this isn't too realistic however, we have little power other than making others aware and in our individual economic capacity- for example boycotting S.A produce and on the other hand supporting the produce of Nicaragua. There is also the economic damage you can cause to companies investing in shitty regimes via direct action-this can also make the links more visible to people. That really was the whole point behind our first EP concerning S.Africa, which I think a lot of people missed. Also we can support S.African and other unions. On the whole, the help we can give from Britain can merely be financial and in solidarity.

10. DO YOU RECKON DRURIDGE BAY NUCLEAR POWER STATION WILL GO AHEAD, AS THERE SEEMS TO HAVE BEEN LITTLE OR NO WORTHWHILE REACTION AGAINST IT ?

Sn-Yeah, I think it probably will as protest is minimal in comparison with the size and force of the nuclear industry-the only actions I've heard about have been like, loads of people running into the sea and er...baking cakes for peace-ho, ho, I bet British Nuclear Fuel are shitting themselves!!

11. WHEN YOU TALK TO PEOPLE, DO YOU SOMETIMES FORGET ANYTHING TO SAY TO THEM?

Sl-Erm...erm...Mmmmm...Urm...

Sn-Sorry, I don't understand what your'e getting at here- maybe if you could expand on it...

12. Erm, well er... 'owt to add ?

Sl-Aye, we've just come back from Holland and Belgium which was a great success. We played 7 gigs all over Holland with Groningen being the best, totally wild! We also played 2 gigs in Antwerp (Belgium) as well as meeting some really nice people. Two of them even put 8 of us up for a week when the van broke down, and bought us lots of beer and food which we're very grateful for.

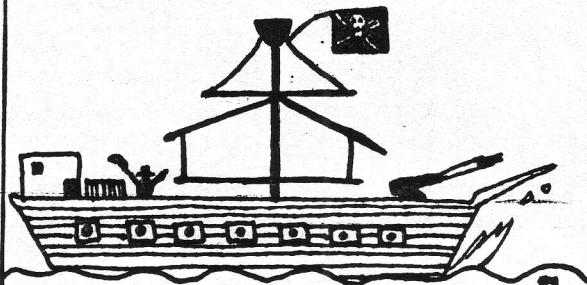
Sn-Yabadabadoo!-thanks tons for the interview dude. Just been reading Guernica No.1 which is well cool- aye there's still hope for Newcastle yet! Our new EP will be out now so buy!buy!buy! Small distributors please get in touch.DIY not DRI ! If you wanna write to us our address is; BOX FLATEARTH COMMON GROUND 1 CHARLOTTE SQUARE NEWCASTLE-on-TYNE NE1 4XF -S.A.E or I.R.C please. While yer at it make it worth the stamp.

Many thanks to Generic for the interview. They are cool people and it's worth writing to them. Oh yeah cheers for getting my letter Sned. Nat left Generic in January this year and Sned left the band for a few days but they are now back together with Mel instead of Nat.

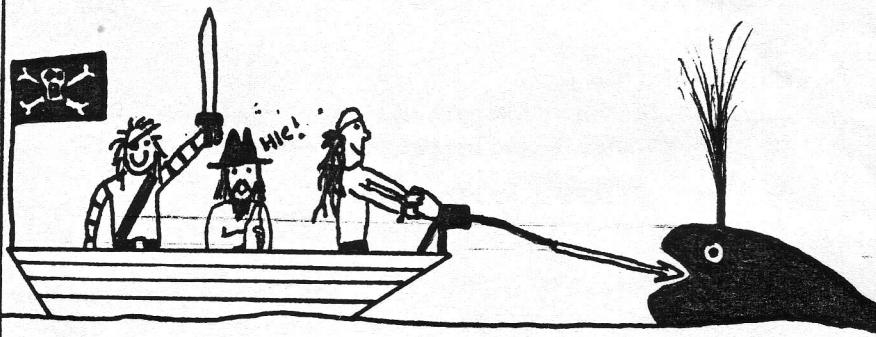
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"NOW THATS WHAT THEY CALL DEMOCRACY" FEATURES APPROX 89 MINUTES OF MUSIC BY CRUDE AND SNYDE, COWBOY KILLERS, TOXIK EPHEX, RHETORIC, OI POLLOI, MAXIMUM SECURITY, DEVIATED INSTINCT, ARROGANCE, CHUMBAWAMBA AND DANBERT NO BACON. IT COMES ON A T.D.K. TAPE WITH A COVER AND BOOKLET WITH 50p BONES" 6 IS AVAILABLE FOR 20p AND S.A.E. AND CONTAINS DISORDER, RHETORIC, ANOREXIA, COWBOY KILLERS, A.UK, OI! RECORDS PLUS ARTICLES, THOUGHTS, REVIEWS, LETTERS, PHOTOS ETC. WRITE TO: JOHN A, 5 BELLFIELD AVE, DALKEITH, MIDLOTHIAN, EH22 3JT.

# CON PIRACY

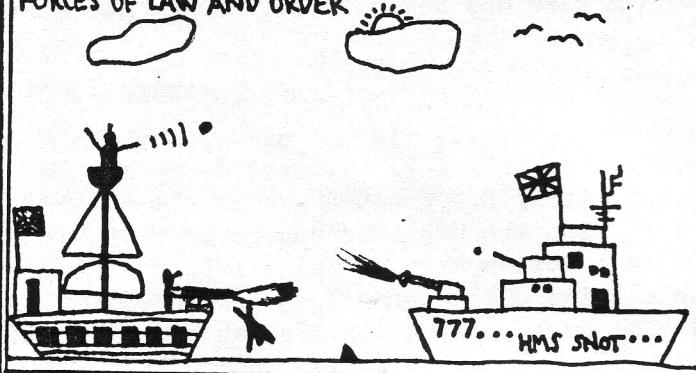


MAD JACK NOTT AND HIS MEN HAD A WHALE OF A TIME

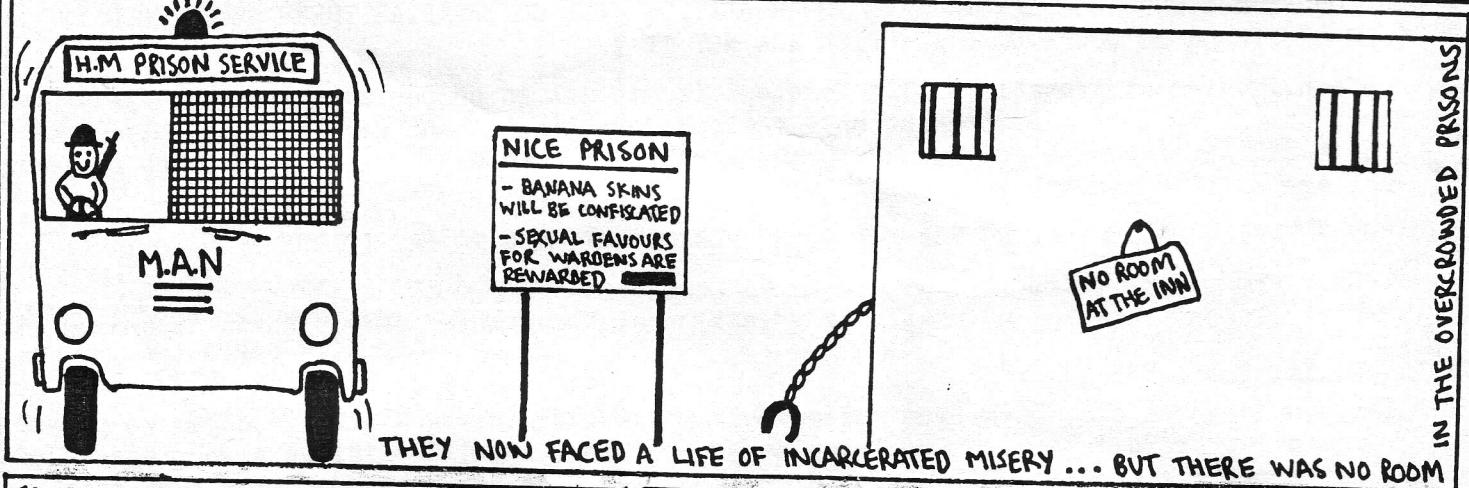


ONCE UPON A TIME THERE WAS A PIRATE SHIP

BUT THEIR ESCAPADES OFTEN BROUGHT THEM UP AGAINST THE  
FORCES OF LAW AND ORDER



AND ONE DAY THEY MET THEIR MATCH



IN THE OVERCROWDED PRISONS

THEY NOW FACED A LIFE OF INCARCERATED MISERY ... BUT THERE WAS NO ROOM

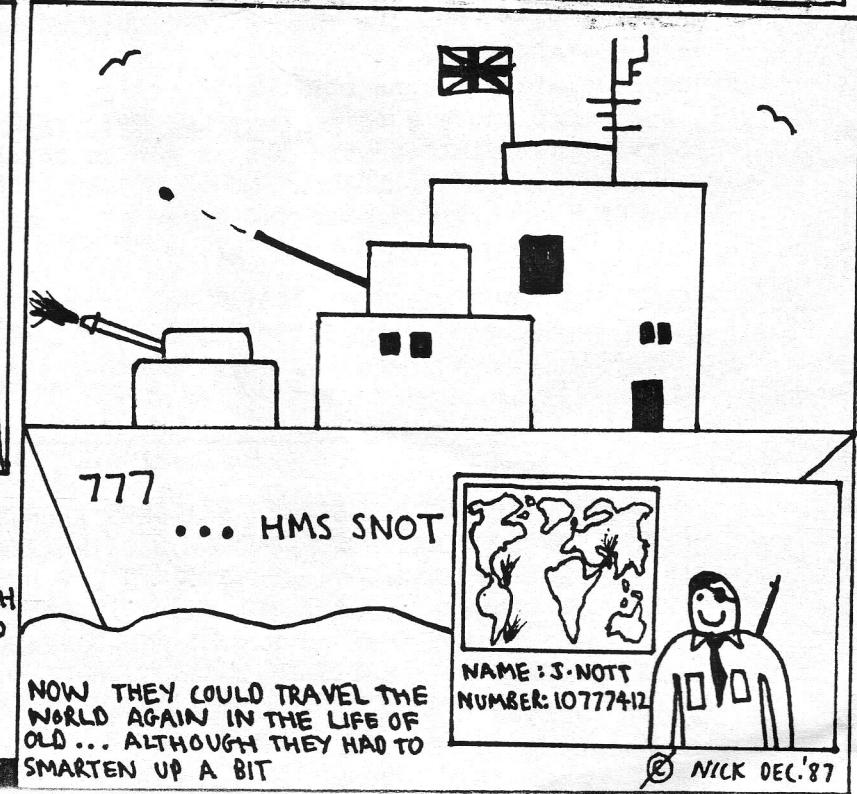
SO THEY WERE OFFERED A JOB IN THE  
SERVICE OF QUEEN AND COUNTRY



IN THE UNITED STATES, NAVY RECRUITMENT  
OFFICES WERE SET UP IN THE FOYERS OF  
CINEMAS SHOWING THE HUGELY POPULAR  
FILM, 'TOP GUN'. THORN EMI, A COMPANY WHICH  
HAS HUGE STAKES IN THE FILM INDUSTRY, ALSO  
MAKES COMPONENTS FOR CONVENTIONAL AND  
NUCLEAR ARMS.

THE COMPANY AND ITS FRIENDS  
MADE A KILLING.

THIS IS DEDICATED TO DAVE



NOW THEY COULD TRAVEL THE  
WORLD AGAIN IN THE LIFE OF  
OLD ... ALTHOUGH THEY HAD TO  
SMARTEN UP A BIT

NICK DEC.'87

# WAR-TOYS

This article was written to come out at Christmas time, but it's still relevant...

So here it goes again, Christmas time, that time of goodwill amongst men and wimmin. That once a year season of cheer and happiness when capitalism and materialism can rear their ugly heads embedding themselves even more firmly in the rotting flesh of society.

Oh but perhaps I'm being a bit too cynical. After all if it wasn't for the capitalist toy manufacturers providing packaged fun and games who would bring a smile to the faces of all those young children come this time of year? Who would deprive them of their joy as on Christmas eve they lay there, happy in the knowledge that Santa is soon due for his annual delivery of death and destruction.

BUY YOUR KIDS WAR TOYS AND WATCH THEM GROW INTO NORMAL WELL ADJUSTED INDIVIDUALS

Like box games, Lego and doll's houses war toys have literally become an industry in themselves which create and supply an ever expanding market in the western world. The arsenals of war toys are constantly reassessed and restocked as every year toy companies endeavour to keep up with their counterparts in the real arms trade.

Isn't it ironic that in the season of goodwill thousands of children are going to die of starvation while others are being adapted to the very methods which make their deaths inevitable?

The war-torn toy trade is a problem which has been around for too long. Since the first lead soldiers of the 17th century these twisted toys have maintained their stranglehold in toy town. With mass production they are now easily and cheaply accessible to anyone and with the increased mechanisation of war and industry the variety of these death toys is unlimited. The increasing knowledge of space travel has opened up endless possibilities for the manufacturers star wars. Fabulous star wars, superheroes, intergalactic war lords and fantastic fighter spaceships are all the rage these days. Even research into micro electronix has helped make increasingly violent games available to young children via home computers and computer games.

Yes, today it seems that no child need be denied the joys of learning how to kill, aping their elders and superheroes in the kind of actions they come to regard as being natural and just.

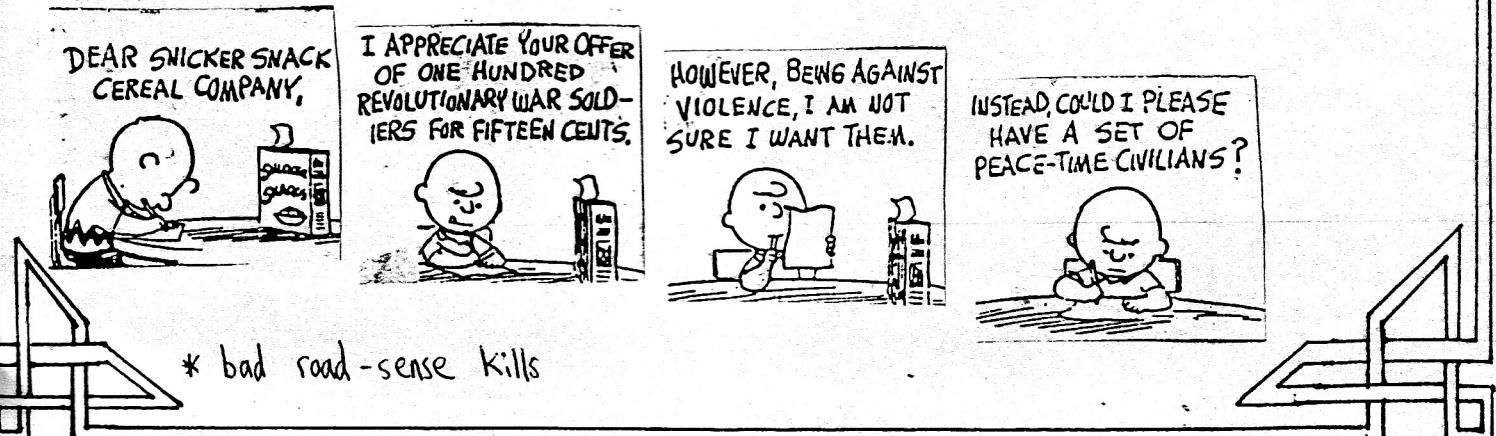
The desire in a child to possess a war toy is by no means a natural one such as the desire to read or communicate properly. It is a desire created, nurtured and fed through advertising and with the influence of adults and peer group. If the child's friends have them, the shops are full of them and the manufacturers make them seem highly appealing then they become a logical and required possession.

## MANHOOD GLORY

The killing and destruction that goes on in play seems innocently oblivious to the fact that in real life bullets and bombs kill - you don't get up and run away again to play. It is in this way that children are taught to accept violence and death as an acceptable way of life. It cannot be denied that these childhood activities influence adult attitudes. War toys help to legitimise and naturalise man's most unnatural and barbaric activity. In buying war toys and not discouraging children to play with them we are supporting a view of the world in which war and killing is natural and inevitable.

When a child is young a great deal of time and energy goes into teaching children that \*  
aren't the government, war mongering politicians and the military equally dangerous? Is  
it not in the minds of the young and innocent that these people sow the seed of future  
wars?

Mich. To Rowan The Wrecker. Go wild my son.



# SUMMARISED HISTORY OF COMBAT

Combat has always existed, whether it be among races, religions or family sects. Before the development of the first teachings of BUDO (martial arts) most combat, among people that is, was vicious and most of the time both of the fighters acquired serious injury.

Stylised and relatively modern (5000BC) fighting techniques began to develop in Europe, fighting similar to BOXING. As wars increased more men invaded other countries and fought people with different methods of fighting; many of these different methods were more effective. The more people fought the more fighting methods could be learnt and combined with the ones already known. Eventually these fighting methods got further east and into India where GURUS, YOGIS and BUDDHIST MONKS began combining these fighting methods with YOGIC movements practised for fitness and agility as well as its relaxing qualities. After only a short while, fighting by this method spread, punches, blocks and kicks etc. were speeded up and developed into precise movements. These methods spread north through TIBET then onto CHINA. The Indian BUDDHISTS travelled to CHINA visiting temples.

Soon they noticed that the monks and priests of these CHINESE TEMPLES were fat, unfit and unhealthy and ate unnatural foods, so with these new found pupils, they began to pass on their fighting skills and knowledge and soon the CHINESE MONKS became very proficient fighting machines. After the INDIAN MONKS left CHINA, the CHINESE MONKS began moving very deep into the wilderness to build their temples to lock out the rest of the world and they began to train hard and then harder. Some religio-mystic sects named their temples SMALL MOUNTAIN TEMPLES (SHAO LIN TSI) and it was these sects that developed the art of KUNG-FU (ENERGY-TIME). The monks watched the way all the animals fought, copied and modified it to fit the HUMAN ANATOMY; these became the art of KUNG FU. But some styles were also developed from plants.

Monks from CHINA went to Japan on boats during wars. Once there, they searched for and trained monks and peasants alike as well as soldiers. From these teachings came the arts like NINJITSU and more modern arts like KARATE and JUDO etc.

Dave.



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NE16 6LT

THIS IS BY NO MEANS A FULL LIST.

## THE APOSTLES.

Since January 1987, the performance art group The Apostles has undergone a change in direction and a change in the style of material we put out. 1: We are no longer a 'punk' group, nor do we see ourselves as necessarily related to the punk movement although we still sympathise with many of the earnest, genuine and sincere people who, for whatever reasons, still refer to themselves as punks. 2: There have never been dogmas and doctrines in the group, there are none and there never will be; however, owing to the obscure nature of some of our work, especially the 4th Single and the 5th Album, we feel it is very important to outline our basic ideals/views which are dealt with below. 3: We intend to continue our performance art through visual displays in peoples' homes rather than at venues, and/or live displays (films, painting, and music) at our own home as a viable and interesting alternative to 'big' venues, which are for bands, not performance art groups like ourselves. We are not setting ourselves above 'bands', we're simply stating that we are different from and unrelated to 'bands'. Our work will continue to feature projects undertaken by people who write to us but first priority will be given to those people who aren't in bands and who aren't involved in fanzines so they receive the maximum opportunity to display their own written and visual material which perhaps they would otherwise not have the resources or self confidence to do.

Patriotism/Nationalism. We are opposed to and disinterested in all forms of nationalism and patriotism. A nation in an artificial boundary made by power seeking men to contain a populace and rule them. Nature did not separate its' lands into countries and as such her initial plan for us should be respected. The argument in favour of nationalism is based on the spurious notion that maintaining a national pride somehow preserves individual cultures; what, though, is a culture? In the patriotic sense a culture is merely a refined set of oppressive traditions which deny the separate identities of independent thinking people to break free of these constraints and be regarded as a human being instead of a product of a nation/country/boundary. What right has a set of dictators to give a piece of earth a name and announce that I am the property of that named area of land? Who says the country we live in is called England/Scotland/whatever? Who gave this plot of land that name? Mother nature most certainly did not, that's for sure. Where nations exist so do governing bodies and we say 'No representation in lieu of the people'. We would, if left to educate each other, be quite capable of representing ourselves thank you without the interference and oppressive regimes which parade their propaganda under the misleading title of democracy. The only true democracy is a people's congress and these need no cultural/national barriers in order to work effectively. World socialism will make all national boundaries obsolete. Passports are an insult to human dignity. The race/colour/creed/sexual orientation of any human being must never prohibit his or her participation in the community of which they are a part. Nationalism is by definition exclusive and precludes certain sections of the populace on prejudicial grounds. Patriotic fervour is the spark which ignites the fires of bigotry and must always be fought against and vanquished before our race may once again live in harmony with the other species on this planet. Remember also that patriotism encourages subservience to leaders and rulers as well as reinforcing faith in the ideologies laid down by leaders and rulers to the obvious detriment of the people. We belong to the earth - it doesn't belong to us. With the abolition of nationhood comes the liberation of the people.

1

Our policy on housing is very simple; if it is unoccupied, take it. We all have basic rights, which are: food, clothing and somewhere to live. These are rights which belong to every single human being on this planet. One house or flat each is all we need; those selfish, bourgeois individuals who own more than one dwelling in which to live should have their extra properties forcibly taken away from them, regardless of how they obtained them, for 'hard work' is not a valid excuse for denying someone else a place to live. Property should be owned by the community anyway, not by individuals, so that hospitals, schools and arts centres may be used by everybody. The concept of rent must be abandoned as it is insulting to human intelligence. Private doctors' surgeries must be abolished and replaced by a health care service for everyone and this must include holistic, herbal and conventional medicinal treatments so that everyone has the opportunity to take whatever treatment may best suit their condition. Adequate housing for everyone

would cut down the amount of disease and ill health which presently afflicts many impoverished working class people anyway.

Transport. Public transport must be extended and spread to all areas of the community. Private transport should be drastically reduced and those individuals owning cars must agree to use them for the benefit of the disabled and the older I.M. It is sickening to see hundreds of privately owned vehicles all of which contain only one person in them when most of the vehicles are drunked to carry at least four people. Natural fuels are being wasted at present and an effective method of having much fuel would be to halve the number of vehicles on the road and encourage people to give lifts to those who aren't rich enough to own them. Standardised public transport must be available to everyone in the community and no price ration are necessary if the service is efficiently run.

Drugs. It is important for us to stress that we do not take drugs nor do we drink alcohol. However, this is merely a matter of usual choice, not a rule that we ren't obliged to adhere to with fanaticism. It is not a policy for us to abstain from intoxicants, simply a case of chosen lifestyle which we have decided work for us. We do not support the straight edge fascist mentality - we do no support the psychic Crowley LSD drug induced visionaries either. If someone wishes to take drugs then it is up to them what they do with their own body, and if rankly if they are stupid and immature enough to get drunk and take drugs in order to remain in control of their faculties then I can only regard them with contempt if this sounds arrogant then I'm sorry, honestly, but how are we supposed to take such an attitude to life seriously when there's so much that people are missing out on while they're out of their minds? It must be said, though, that drug pushers and drug dealers are generally scum who, like social workers, get rich off other peoples' problems and inability to cope with life. If somebody genuinely enjoys life and wants to experience a learning, knowledge seeking existence, they will not be able to waste time taking drugs because there will be far better things to do. We are given a mind and a body to use to the full and we can not live our lives totally if we are escaping through a haze of intoxicants. LSD and Christianity both have one thing in common; they both send the mind into an orbit from which it never lands. Also, if you are attempting to talk to someone, you want to talk to them, and listen to them, not some dreary version of their personalities modified by drugs and alcohol. We don't believe we have the right to tell others how to live their lives - we do believe we have the right to suggest viable alternatives.

Separatism. Our views on feminism and women's rights may have appeared strange when they were first aired so let me clear up a few points. Women argue in favour of separation (women only events and premises) because it gives them a sense of identity in a patriarchal society, it omits any feeling of threat occasionally experienced as a result of men who behave abominably, it provides an assurance of equal understanding and reciprocal empathy, therefore a sense of security develops. This is to us counter productive and against the liberation of people from all forms of prejudice and bigotry. Feminism has evolved due to harassment by men, role stereotyping, books/literature printed with 'he', being used for 'he', and 'she', women being defined by their maternal and/or domestic roles ('mothers' and 'housewives', both insulting terms), and prejudices preventing women from entering certain professional careers and areas of society. Our view, however, is that we do not support apartheid in any of its' vile forms and once one starts saying 'women only' the next step is to say 'blacks only', 'whites only', 'jews only' etc. Separatism does nothing to assist the knowledge of women's issues nor does it help an understanding of their rights among non-feminist women and men. Separatism by its' very nature is exclusive and thereby engenders suspicion and mistrust among men and women outside the feminist cliques. Only through the abolition of barriers, borders and isolation can understanding, unity and acceptance of equality combined with an awareness of our various differences be appreciated and maintained. We do acknowledge the few but justifiable exceptions to this, for instance, services such as rape crisis and abortion rape/wife-battering help centres which require a women only workforce in order to be of maximum help to those women who require them.

**Homosexuality.** As only one present member of 'The Apostles' is not partly or completely homosexual then this is obviously a subject we are able to talk about without considerable authority. First of all, let us list just what we're up against in the 20th century plot of land the Government insists on calling Great Britain apparently. 1: Homosexual men and women are 'invisibles', they are ignored and not recognised either by the press or the media unless scandal or shock horror stories are required in which case we are paraded publicly as being panines, dykes and perverts. 2: Childrens' sexuality is both denied and openly frowned upon - is it any wonder so many people grow up to be sexually immature, confused and repulsed? 3: The society we live in has invented arbitrary and insulting laws with absurd prohibitions to foist onto our minds and bodies such as the age of consent (male homosexuals must be over 21 before they may sleep together, regardless of whether they have sex or not and female homosexuals are supposedly non-existent) and 'sexual practices act 1967' which tells us we cannot sleep with someone of the same sex unless we aren't in the armed forces and are in a house not used by anybody else; 4: Every church and religious institution has inflicted hatred, prejudice and bigotry upon homosexual men and women for about the last 3,000 years; this senseless hostility is a symptom of the insecurity and sickness of people who run or require churches and religious institutions. 5: There is, especially in the Western world, a policy of ridicule and aversion to all homosexual men and women bordering on fanaticism from schools, parents and their authorities. 6: Educational institutions usually pretend that homosexuality doesn't exist (so how do young homosexual people cope with their identities when faced with this irrational hatred?) and if the subject is ever raised, it is dealt with as a disease in a clinical way as if it is something that only ever happens to 'other people'. 7: Various myths and lies abound, the notorious examples being the belief that homosexuality is merely a passing phase that some young people encounter and, more absurdly, that someone may be turned homosexual by meeting other homosexual men and women. All this is insulting to our intelligence and says little for the cens-pit brains of those who spout this drivel. Due to all these exhibitions of peoples' guilt, fear and hatred, it is not surprising that a basically unhealthy and sordid scene has erupted as a reaction to the aforementioned - it is called the Gay Liberation Movement or Gay Pride, which only serve to distort ones' true identity and inflict a label on an individual for them to conform to. The Gay Pride mentality is a safety valve, an attempt at engendering solidarity against total state hostility which sadly has caused more problems than it has solved. How can normal, working class people who find they have homosexual inclinations cope with the sordid and insincere calliope of discoteques, bars and pantomimes which hail the dubious title of 'the gay scene'? Supposing one doesn't see oneself as 'homosexual' even though such feelings may be present from time to time? The way we see the situation is this: for a start, there must be no separation as apartheid is counter revolutionary. Peoples' sexuality and emotional feelings must be accepted not merely tolerated. The emphasis on the sexual act must be diminished: just because two people (of either sex) wish to sleep together it must not automatically be assumed by those people that a sexual act is a necessary prerequisite for the relationship they are involved in. This applies to people of homosexual and heterosexual inclination. We must learn to end the assumption that every person we meet is heterosexual. It is best to presume nothing so that no expectations occur, especially in friendships. It is actually most undesirable to consider oneself homosexual or heterosexual as this restricts your view of yourself and by doing so you are accepting the lies given to you by the state in all its' filthy forms of twisted morality. Just because someone is usually homosexual or heterosexual it does not mean that they will never change - a homosexually inclined person may find him/herself having a heterosexual relationship and vice versa. It is wise to remember also that attraction need not be sexual and therefore the terms 'homosexual' and 'heterosexual' have even less meaning. The other myth is that of chromosome defects and other medical claptrap we are given via the media. People are born with the ability to find other people attractive, both sexually and non-sexually, of the opposite and of the same sex. It is most unlikely that anyone is born totally homosexual or totally heterosexual

al. Homosexuality is not a disease and has only been called so because it threatens christian morality and the infliction by the state of male and female roles in our society. Men and boys who are mainly homosexual are not naturally effeminate nor are they lacking in any hormones. Women and girls who are mainly homosexual do not possess any natural tendency towards masculinity nor again in there any hormone imbalance. Equally, men and women who are mainly heterosexual possess any natural tendency towards their cliched, stereotypical behaviour - this is merely forced upon them by school, church, Parents and the media. When we learn to accept people as equals then we will take the next evolutionary step. Education. Learning should be a fascinating experience. Speaking knowledge should be equated with discovery, interest and joy. But it isn't, is it? Schools should be totally restructured, altered beyond recognition. Teachers are an arbitrary appendage to the learning system and if they are to be retained then we must regard the educational process as one of teaching and learning so that there is no actual distinction between teachers and pupils, both taking on each role depending on the nature of the lesson and the subject in question. The curriculum must feature knowledge which will be of value to those in need of it; people must be made aware of the so called great artists, writers, composers and scientists, but they must not be placed upon a pedestal nor forced upon the learning process for everyone's potential and everyone's artistic or scientific abilities and propensities should be both encouraged and, most of all, acknowledged so that the earners appreciate their own worth and begin to feel a sense of their own value rather than being forced to idolise stuffy 19th century heroes who came from privileged backgrounds anyway.

**Irrelevance Of The Present Punk Movement.** We have ceased to identify ourselves as punks or as a part of the punk movement because we don't find it possible to effectively carry out our projects within the restrictive, narrow framework allowed by the punk movement which is beyond doubt conservative and ridden with rules and laws. The method of dress, besides becoming a uniform by which people are expected to conform, is alienating to other people outside the punk movement who may possibly sympathise with the aims/ideas/aspirations of genuine members of the punk movement who are working towards revolutionary changes. The punk movement has become little more than an image and is therefore an example of one of the main aspects of society the punk movement was originally most critical of. It has become apparent to us the very few honest, sincere and genuine punks who don't come under any of these headings aren't really eligible for the title 'punk' any longer as they have become distanced and distant from what the punk movement now is. Bands playing on a stage to an audience who pay for the experience has been one of the basic precepts of rock and roll since 1956. Punk bands and punk audiences still obey these unwritten laws and fall over themselves to criticise and ridicule any people who attempt to do something different to or alternative to this boring, cliched ritual, regardless of whether or not they succeed. We have not enough money to be a real punk band and none of us wishes to be famous nor do we desire fans and followers - this precludes us from acceptance by the punk elite and perhaps that's to our advantage? There are 'punks' and people who ally themselves with the punk movement who are working hard to abolish these rules and demolish these prejudices but they are in a minority. However, we wish to point out that this piece is not directed at such individuals.

**The Apostles:** Sean Stokes, Andy Martin, Dave Fanning, Colin Murrell. Our literature is the first and most important aspect of our work; a close second is the art and collage work we do and thirdly, though still importantly, is the musical area we work in. We are not a band. We don't play gigs. We shall continue to feature the work of people who write to us (our collaborators) but the sheer volume of material we have already received combined with our very limited financial resources means that we shall only be able to feature small examples of different peoples' work for the time being until we can find a more effective method of displaying/printing the material sent to us. Please be patient if you are one of the people still waiting to see his/her work in print. The Apostles, Box 4, 136 Kingley High Street, Hackney, London, E.8. 1/5/87.

# POETRY

## COULD YOU FEEL ME?

In this drained state of alienation,  
You let me down,  
Pumped me up with hope,  
Then turned against me with your irresponsible attitudes,  
Anarchy and peace dwindling on your joint and your pint,  
Your attitudes of "change",  
Have left my visions empty.

Your apathy has given me strife,  
For peace and anarchy doesn't exist in human beings,  
Your sweat has left me sober,  
Sober of an existance of a sub-culture of permissive kids,  
Rebel rock for media entertainment,  
They still strive on you,  
Sucking you of your morality,  
Sucked you dry of innocence.

Conservative moral principles killed you,  
"Fuck politics" you said,  
But your single-minded attitudes have conceived you,  
Putting me at bay from you,  
You've only yourself to blame.

Robbed me of my dignity,  
I was a part of you,  
Now apart from you.  
"Intellectualism doesn't exist,  
Long live street cred",  
Again, falling into the traps of a hungry system...

Play them at their own game,  
And you'll soon worry them,  
It's harder for them to attack an invisible individual,  
Than to attack a visible sub/youth culture full of norms and values.

Now as dawn drives near,  
Nature's creatures still sleep,  
But you won't awake,  
Until you question your existance,  
'Tis easy to be part of a sub-culture,  
But not so as one individual fighting a battle,  
Against his alienation?  
The creation of a one-man battle,  
But you won't accept my views,  
'Cos they aim at something new,  
Something different from you.

Wealth accumulates,  
Land is bought,  
Co-operatives and communes form,  
"Susking a profit from passive consumers" you say,  
"Then put into something good" I replied (The ALF now has massive financial aid)  
A new system on another has been created,  
A new community, new values, money put to the use of good,  
But your old ways of life created by the media,  
Still live on, but going nowhere, except on a mystery tour.

Find me, search me,  
Am I the only sensitive creature who lives  
Or do others possess the same qualities.  
Blindly I look for you,  
But you're nowhere to be found,  
A new hope, a new life...

... But where?  
Amongst the isolation,  
I can hear you, I can see you,  
But I sure can't feel you.  
And if I were to touch you,  
Could you feel me?

# SICK MINDS

1 THIS IS FOR ARSEHOLES WHO DESTROY LIFE.  
SKIN COLOUR WARS WITH CLUB AND KNIFE.  
FIGHTING BECAUSE OF A DIFFERENT COLOUR.  
("THEY TAKE OUR JOBS"), ANOTHER COVER.



A LIE TAKEN IN BY TOOLS THAT ARE BLIND  
TOOLS THAT ARE USED BY SICKLY MINDS

2 RACIST DOGMA SPRAYED ON WALLS  
BY FOOLS THAT DONT UNDERSTAND AT ALL  
FOOLS THAT STICK TO THEIR OWN KIND  
A VIEW WHICH IS PROMPTED BY SICKLY MINDS

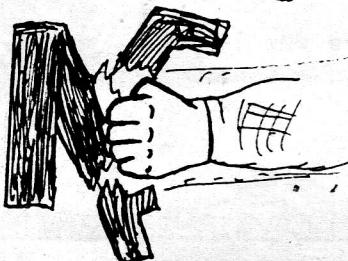


TO RIDICULE BLACKS WE THINK ITS FUN  
A NEGATIVE THOUGHT PASSED FROM FATHER TO SON  
3 SPIT AND SHOUT ABUSE ACROSS A STREET  
MEAN EVIL STARE, BOOTS ON YOUR FEET  
KICK AND BEAT NOW LEAVE TO DIE  
NO ONE WILL HEAR A MINORITY CRY!

4 BRITISH BULLDOG AND FACIST VIEWS  
FOOL, YOU ARE BEING USED  
LOOK AT HOW A BLACK MAN LIVES  
IN BRITAIN THEIR TREAT WORSE THAN (PIGS)?????  
NOW LOOK AT SOUTH AFRICA'S HISTORY  
ATTITUDES THERE ARE A SIMILAR STORY

FOR RACIAL HARMONY, WE MUST LEAVE BEHIND  
THE HARMFUL LIE OF THE SICKLY MINDS

SMASH  
THE



NOW!

### THE NUMBER 666 RECURRING

The seeds that produce a mountain  
Is the growth of life  
Of an existence that keeps on growing and growing  
And never ending  
Like the No.666 recurring  
Will it go too far  
For the human mind to bear ?

Nature works in evolution  
Whilst humans tend to work on revolution  
Are we creating something too fast for nature's evolution to cope ?  
Or are we apart from nature's evolution status ?  
The world is for sure spinning around in a rage of blind drunkenness  
Dizzier and dizzier it becomes a product of sickness  
A sickly,vile stench that perputrates the human race

Swimming,drowning,we try to combat the sickness we created.  
But we were divided,  
As the lumps of puke kept us apart  
Some actually managed to make a clearing,  
Where a small elite of the population  
Got together to rule the earth  
And as a result,  
The earth became fatally ill.

The earth was diagnosed as unfit  
It's germs broke its resistance  
The earth started to fall apart  
Like someone peeling a banana.  
But of course society must go on  
But the earth cannot take it

For surely someone can help it.  
But the more the germs oppress,  
The more vomit is produced  
And the earth's resistance will become weaker  
Unless a new remedy can be given to the planet

It's the same old story of the No.666 recurring  
It will go on forever  
Until the calculator breaks down  
It will malfunction  
Like a nuclear war deastating nature  
Something big and destructive  
Shadowing over a pauper child.  
When will the No.666 stop recurring ?

Phil.

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### INSPIRATION

Must find inspiration or I'll waste away  
Eternal boredom as I wile away the day  
I know what I want is more than just a dream  
But at times it looks so distant that's how it seems

Inner peace won't come until I'm satisfied  
That the hatred in my heart has withered and died  
Anger can be constructive but I know it's not enough  
To stop it being destructive its reason must be love

We must look at ourselves before we critisize  
To understand our problems we must use our eyes  
As we change our ways then we will find  
That the key to a new world is an open mind

Nick.

# OZONE ALERT!

## WHAT IS THE OZONE LAYER?

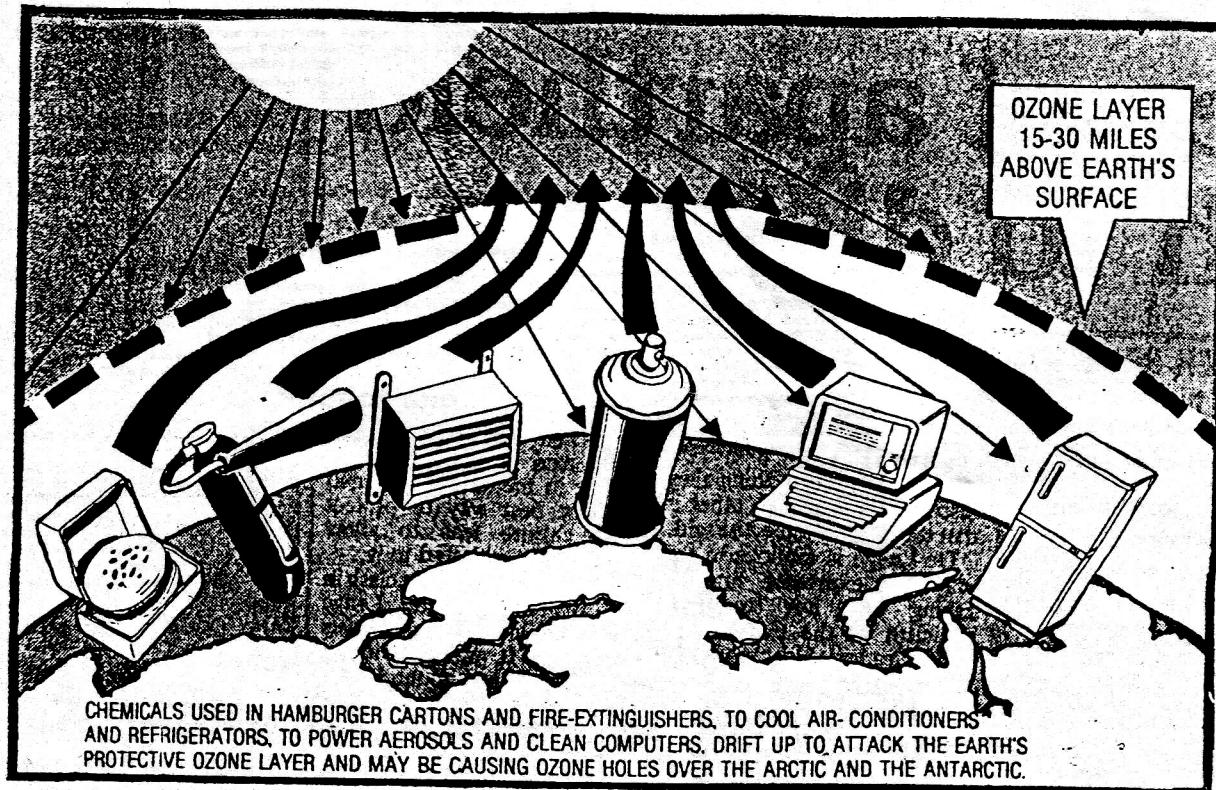
The ozone is a shell in the atmosphere of the earth in which ozone is concentrated. It is densest at altitudes of 13 to 16 miles. Produced by incoming sunlight, the ozone layer absorbs much of the solar ultra-violet radiation, thereby shielding the earth's surface.

The ozone layer protects us from skin cancers and other diseases. Extra ultra-violet radiation could also lead to increases in hepatitis, herpes and the viral leishmaniasis diseases.

## THE OZONE HOLE

Two years ago British scientists found that an alarming "hole" had opened up in the zone layer above Antarctica. The hole which appears every September/October had been growing or years and the evidence had been picked up by American satellites. Unfortunately NASA's computers had rejected the evidence as "incredible" and did not pass it to their human operators. It was not until the British Antarctic Survey's old-fashioned methods had found the hole that the satellite data was retrieved. This showed that the hole had opened and spread with alarming suddenness since the end of the 1970's. It now seems to have stabilised, for a hole at least, with the ozone at about 60% of normal levels. But there is now evidence of lesser ozone depletion spreading well below its borders over South America. Last year Swiss scientists reported that there might be another hole growing over the Arctic. They claim that the ozone has been thinned over northern Europe as far south as Switzerland, and a new smaller hole is now suspected over Spitzbergen in the North Atlantic.

More than 10 years ago scientists first suggested that chlorofluorocarbons (CFC's) used to propel aerosol sprays would damage the ozone layer. Though the theory was attacked at first most scientists now accept it, as does the United Nations Environment Programme (UNEP). CFC's linger in the atmosphere, blocking radiated heat from escaping. This helps to create the "greenhouse effect" which threatens one day to melt the polar ice-caps and submerge coastal cities like London, Tokyo and New York under several fathoms of water. It is not good enough to dump them out in aerosol cans, as the Americans did in 1978. More than half the CFC's produced now lurk elsewhere in the environment. They are used in refrigerators, air-conditioners, fire-extinguishers, furniture foams, computers and fast food "clamp-cup" hamburger containers. We are now putting them into the atmosphere 6x faster than nature can remove them, and that is why scientists like Dr Joe Farman at the British Antarctic Survey in Cambridge believe production should be cut by 85%. Scientists believe that even a 1% depletion in the ozone layer increases 5% the number of cases of skin cancers caused by increased penetration of the sun's ultra-violet radiation.



# WHAT IS BEING DONE ABOUT IT?

Substitutes to CFC's are already in development, and resistance by companies like ICI is weakening. The US, Germany and Denmark are keen to cut the release of CFC into the ozone layer, but Japan, the USSR and Britain have been reluctant to co-operate. However, now in 1988, after all the damning evidence ,CFC production is increasing once more.

## WHAT CAN WE DO ?

BOYCOTT, as far as possible, products with CFC in them. Britain ,unlike other European countries, does not label products telling consumers if they contain CFC or not. So the easiest targets are aerosols and fast-food cartons. Other products which could be dodgy present a harder problem. Tell shopkeepers that you are boycotting the products and why you are doing so.  
SPREAD THE WORD!!

Take various action to stop the products reaching the shop shelves. Stickers like "ozone killer" can be stuck on dodgy produce—I'll leave the rest to your imagination!!

**REMEMBER!** This is an issue which should have the support of almost everyone. The only people blocking the way are the chemical multinationals. The solution is simple—**BAN ALL CFC'S**—but a failure to find it would be disastrous...

Nick.

For more information contact Friends of the Earth at;

26-28 Underwood Street  
London  
N1 7JQ  
Tel: 01-4901555

or 1 Fairfax street  
York  
N. Yorks  
YO1 1EB  
Tel: 0904-35896  
(northern group)

Friends of the Earth Ltd.  
FREEPOST  
Mitcham  
Surrey  
CR4 9AR  
(donations)



# Safe sprays: A guide to planet-friendly aerosols

## Insecticides

**For Flying Pests**  
Bayer Autan, Mafu Fly Spray; Betterware Fly Killer; Boots Fly Spray; British Products Sanmex Fly and Wasp Killer; Cooper Fly-killer; Domestic Fillers Big D Fly and Wasp Killer; Fisons Horticulture Fisons Insect Spray for Houseplants; Haventrail Pro-venice Fly and Wasp Killer; E R Holloway Gnome Fly Killer; ICI PPD Dragon; ICI Wasp-er; Jeyes Di-Fly; Johnson Wax Raid Dry Fly and Wasp killer; Kalium Buzzoff; Keen Flying Insect Killer; Tox; Kleeneze Exterminator; Napa Doom — Moth Proofer, Doom — Tropical Strength Fly and Wasp Killer; Permaflex; Perma; Phillips Yeast Products Ltd Pest Kill; Rentokil Fly & Wasp Killer; Temana Vapona Flykiller; Wellcome Cooper Regular Flykiller.

**For Crawling & Plant Pests**  
Ashe Cooper Garden Pest Killer, Vapona Green Arrow; Bayer Mafu Creepy Crawly; Boots Garden Insect Killer; BP Detergents BP 'BOP' Insect Killer; Fisons Horticulture Fisons Insecticide for Houseplants; Gerhardt Dethiac; ICI Rapid, Sybol 2, Kerispray; Johnson Wax Raid Triple Action Ant & Crawling Insect Killer; Keen Keen Superkill! Ant & Roach Exterminator; Napa Doom — Ant and Crawling Insect Killer; Doom — Flea Killer; Rentokil Ant & Crawling Insect Killer, Blackfly & Greenfly Killer, Carpet Beetle Killer & Moth Proofer, Cut 'n' Spray, Flea Killer, Greenhouse & Garden Insect Killer, Houseplant Insect Killer.

## Fabric and leather treatments

### Cleaners

Amway Drifab; Pre-Wash Laundry Spray; Domestic Fillers Big D Collars 'N' Cuffs; Jonson Wax Dry Clean, Shout; Safeway Safeway pre-Wash Stain Remover.

### Shoe and Leather Polishes

Punch Leather Care, White-on-White, Scotchguard Protector for Leather and Suede, Leather Care, Patent Glow, Quick-shine, Saddle Soap, Suede & Fabric Shampoo.

### Water Repellents

Punch Scotchguard Protector for Leather & Suede, Scotchguard Fabric Protector; Servisol Super 40.

### Miscellaneous

Sargam Fire Barrier; Scholl Sneaker Treater.

## Motorcycle products

Hycote Motorcycle Carb Cleaner; Motorcycle Chain Lube, Motorcycle Gold, Red & White Paints, Motorcycle Engine Paint - Black; Kitching Bikeguard 1 and 3; Superspray Superspray.

## Paints, display and decorative

### Artwork

Daler-Rowney Low-Odour Perfix; Letraset Spray-Set; 3M Scotch Spraymount Adhesive, Scotch Photomount Adhesive, Scotch Displaymount Adhesive, Scotch Sprayfix (Mat and Gloss); RS Components Impact Adhesive components and paper.

### Paints

Briggs Gryphon Paint Sprays; Certified Laboratories Certi Line; Chemsearch Hy Zinc, Chem Line; English Abrasives Home Style; RS Components Hammer Blue, Hammer Silver, Hammer Bronze.

### Miscellaneous

Haventrail "Mr Snow".

## Veterinary products

### Domestic Animals & Birds

Johnson's Veterinary Anti-Chew, Dry-Foam Shampoo, Puppy Trainer; Shaw's Coat Dressing, No Stain, Repel-All.

## Hair preparations

### Conditioners

Alberto-Culver TCB Oil Sheen and Conditioner.

### Women's Hair Sprays

Alberto-Culver Get Set Normal Hold, Get Set Dry, Get Set Super, VO5 Normal, VO5 Hard to Hold, VO5 Extra Hard to Hold, TCB Reversion Resistant, Tresemme,

Tresemme pH natural, Salon Hairspray, Bellair Bellair Hairspray, Estolan; British

Products Charm; Co-op Hair Spray Normal, Hair Spray Firm, Hair Spray Extra Firm, Faberge Organics Hair Spray; Haventrail

Acquiesce Hair Spray; Keen Keen Firm Hold; Napa It Hair Spray; Nichol Hair

Spray; Safeway Safeway Hairspray Normal, Safeway Hairspray Hard to Hold, Safeway Hairspray Extra Hard to Hold;

Share Hair Works; Spar Normal Hair Spray, Firm Hair Spray, Extra Firm Hair Spray; Statestrong Ltd Minuet (Normal and Firm Hold), Professional Touch (Normal and Extra Hold), Shelley (Normal and Firm Hold); VG Hair Spray Normal, Hair Spray Firm.

Men's Hair Sprays and Treatments

Farbege Brut 33; Statestrong Ltd Shelley.

### Setting Products

Amway Satinique; Alberto-Culver Quick-setNormal, Quickset Dry, Quickset Fly-away, Body & Shine Frequent, Body & Shine Volume Plus, Body & Shine Dry & Damaged; Beecham Brylcreem Styling

Mousse, Silvirkirn Styling Mousse; Bellair Estolan Styling Mousse; British Products

Charm; Gateway Normal Mousse, Firm Mousse; Napa Continental Styling Mousse, It Styling Mousse; Sainsbury Hair

Mousse (Normal and Extra Hold); Spar Styling Mousse Normal Hold, Styling Mousse Firm Hold, Styling Mousse Extra

Firm Hold; Statestrong Ltd Shelley (for men), Shelley (for women), Minuet, Professional Touch; Tip Top Normal Mousse, Firm Mousse, Super Mousse; Silk

Mousse—normal, Silk Mousse—firm, Waitrose Styling Mousse (Normal and Firm Hold).

NOT MAKE YOUR HOME A CFC - FREE ZONE!

## Automotive products

**Chrome Sprays**  
Hycote Chrome Lock; Spectra Decorative Chrome Paint.

### Corrosion Preventives

English Abrasives Maintex; ITW Magnaflux MSC 2770; Keen Keen Aquanol; Locite Permatex Solvo Rust; 3M Zinc Spray Anti-Corrosive Coating.

### De-icers

Briggs De-icer; British Products Sermex Spray De-icer; Domestic Fillers Big D De-icer; Duckhams BP De-icer; Duckhams De-icer; E R Holloway Gnome; Holt Icemaster De-icer; Turtle Wax Standard De-icer; Hycote De-icer (Water-Free); De-icer (Fast Action); Spectra De-icer; Texaco Windscreen De-icer.

### Engine Cleaners

Action Can Action Can 2; JPS Tune Up Formula; Briggs Carb Cleaner; Engine Lacquer. Emulsifiable Degreaser; English Abrasives Gunk Automotive Spray; Gunk Foam; Holt Foambrite; Spray De-Coker; Spectra Engine Cleaner.

### Engine Enamels

Hycote Engine Enamels.

### Engine Starters

Briggs Engine Start; Holt Cold Start, Damp Start; Wet Start; Hycote Start It; Keen Keen Aquanol; Locite UK Locite Permatex Engine Start; Spectra Everstart; OK Spray; Start-Pilot Gasomatic; Viso-F; Uni-part International Tech 2000 Wet Start.

### Glass and Windscreen Cleaners

Applied Chemicals Hard Surface Cleaner; Briggs Mixx; Dynaglaze Glass Cleaner; Hycote All seasons screen wash; Clear View Winter Screen Wash; Glass & Screen Cleaner; Unipart International Tech 2000 Glass Cleaner; Tech 2000 Anti Mist Spray.

### Insect Removers

Dynaglaze Insect Remover; Holt Fly Squash Remover; Unipart International Tech 2000 Squashed Fly Remover.

### Lubricants and Penetrating Oil

Action Can WD-40; Amway Wonder Mist; Briggs Loos'n It; Burmah-Castrol DFB; Ezit Ezit Penetrating Oil; English Abrasives Plus Gas Formula A; Holt Rubber Lubricant; Rustola Penetrating Oil Spray; E R Howard 3-in-1 Oil Spray; Expert; Hycote Motor Chain Lube; Keen Keen Aquanol; Locite Locite Permatex D.L.F.; Locite Permatex Disc Brake Quiet; Simoniz Workmate; Spectra Liquid Spanner.

### Polishes

Dynaglaze Spray Polish; Dynaglaze Back to Black; Holt Turtle Wax Super Aerosol Wax; Keen Keen Furniture Polish; Simoniz Trim and Tyre Shine; Vauxhall Silicospray.

### Primers and Auto Finishes

Briggs Matt Black; Holt Dupli-Color Autopaint Touch-up; Dupli-Color Special Service; Dupli-Color Panel Spray; Hycote Hammer Finishes; Matched Colour Spray Paints; Very High Temperature Paints; Vinyl paints; Spectra Primer (White, Grey, Red Oxide); Gloss (Black, White); Decorative Gold Paint; Heat Dispersant Paint; Matt Black, Satin Matt Black, Hammer Finish (all colours); Clear Lacquer; Plastic Primer Kit; Suzuki Suzuki Touch & Go Underbody Seals.

Briggs Underbody Seal; Holt Spray On Undershield; Hycote Rubbersied Undershield; 3M Spray Schutz; Body Gard (grey and black); Spectra Underguard; Sill Guard.

### Upholstery

Briggs Fabric Protector; Domestic Fillers Big D Upholstery Cleaner; Dynaglaze Cockpit Cleane; Cockpit Shine; Holt Turtle Wax Lift Off Stain Remover; Turtle Wax Shield Fabric Protector; Turtle Wax Upholstery Cleaner; Turtle Wax Velour Cleaner; Simoniz Dri-Clean; Spectra Cockpit Shine; Unipart International Tech 2000 Upholstery Cleaner; Vauxhall Upholstery cleaner.

### Wheel Finishes

Briggs Silver Wheel Paint; Holt Dupli-Color Wheel Paints; Hycote Gold Wheel Paints; White Wheel Paint; Spectra 5 Wheel (all colours); Wheel Protector.

### Miscellaneous

Briggs Battery Protector Indicator; Brake/Clutch Cleaner; Metal/Mould Protector; Paint/Gasket Stripper; Dynaglaze Air Freshener; Ezit Products Ezit Solvent Cleaner; Ezit Electronic Solvent Cleaner; Ezit Battery Protector; Hycote Carb Clearer; Chrome Look; Glycoleblend Anti-Freeze; Ignition Sealer; Resto It; Silicone Shine; Window Tint-Smoke; Blue, Green, Wrinkle Finish-Black; Locite UK Locite Permatex Brake Cleaner; Locite Permatex Carburetor Cleaner; 3M Auto Adhesive; Disc Pad Adhesive; Spectra Spark Seal; Spray Putty; Wax Injecton; Sun Electric Engine cleaner CAR 80.

## Industrial products

### Adhesives

Briggs Heavy Duty Adhesive; General Purpose Adhesive; Locite UK Locite Permatex High Tack; LPS LPS Weld Shatter Release; 3M Scotchgrip Spray Adhesive (77,76,76L,76,80).

### Air Fresheners

Briggs Lemon Tang; Bouquet, Floral.

### Antistatics

RS Components Anti-Static Cleaner.

### Belt Dressings

Briggs MBD Belt Dressing; Locite UK Locite Permatex Belt Dressing; LPS LPS Belt Grip.

### Cleaners & Solvents

Briggs Easy Clean; Electrical Motor Cleaner Solvent; Foam Cleaner; Glass/mirror Cleaner; Window Cleaner; Stainless Steel Cleaner/Polish; Metal Cleaner/Polish; Oven Cleaner; No Ring Spot Remover; Domestic Fillers Window Cleaner; Oven Cleaner; Exit Products Electronic Cleaner & Lubricant; English Abrasives Gunk Foam; Gunk Spray; Johnson Wax Sprint; Brillo; ITW Magnaflux Spot-check Cleaner SKC-NF/ZC7; Magnaflux 430E; Locite UK Super Glue Xtra Activator; LPS LPS Degreasant; 3M3M Troubleshooter Cleaner; RS Components Foam Cleaner.

### Flaw Detection

Briggs Leak Detector; ITW Magnaflux Spot-check Cleaner SKC-NF ZC7; Penetone

### Dye Penetrant

Briggs Hand Cleaner; Berrier Cream.

### Institutional

Cleeno Cleenaire; Domestic Fillers Air Freshener; Anti-Tobacco; Air Freshener—Bouquet; Johnson Wax Glad Dry.

### Insecticides

Cleeno Fly Killer; Johnson Wax Raid (flying insect killer); Raid (residual crawling insect killer); Keen Keen Flying Insect Killer; Keen Superkill Ant & Roach Exterminator; Wellcome Cooper Regular Flykiller.

### Insulation

Ezit Products Ezit Clear Lacquer.

### Lubricants & Mould Releases

Briggs White Spray Grease; Copper High Temp Lube; Aluminium Brush On Lube; Copper Brush On Lube; Anti Corrosive De-Watering Film; Resin Based PTFE Film; Release Penetrant; Silicone Release Agent Molybdenum Disulphide; Dow Corning Molykote 3402 Oil; Ezit Products Chain Lubricant; Applied Chemicals 7128; Locite UK Locite Permatex Silicone Lubricant; LPS LPS Oxy Lubricant.

### Marking Products

Briggs Line Marking (all colours); Rust-Oleum Hard Hat Marking Paints.

### Paints

Briggs Black Paint (Matt, Satin Gloss), Silver Paint (Bright and Medium), Blue Stripable Coating; Rust-Oleum Hard Hat Topcoats; Hard Hat Fluorescents; Bar-B-Q Black, Hard Hat Stripping Paints.

### Polishes

Briggs Cleaner Polish; Medium Wax Polish; High Wax Polish; Chelon Hishine; Domestic Filler Furniture Polish; Super Polish; Joyes Ltd (Industrial) Clean Shine; Johnson Wax Super Pledge; Keen Keen Wax Furniture Polish; RS Components Foam Polish; Walker Lunt Rotopol; Wellcome HIFI Polish.

### Penetrating Oils

Dow Corning Molykote Supergliss; Keen Keen Aquanol; Roco, Easytec.

### Rust Preventatives, etc

Chemsearch Refinish Aluminium, AL217; ITW Magnaflux MSC-2770; Keen Keen Aquanol; LPS LPS1, LPS LPS2; Rocol Rocool Stripable Coating Spray; Rust-Oleum Hard Hat Primers.

### Strippers

Briggs Paint Strippers; Rust-Oleum Paint Stripper.

### Textile Handling Aids

Briggs Fabric Cleaner; Keen Keen Aquanol.

### Miscellaneous

Ronson Hi-Heat; Briggs Anti Static.

## Cosmetics and toiletries

### Antiperspirants and Deodorants

#### Family

Amway Deter Antiperspirant spray; Tonga Spray Deodorant; Bellair Cool 'n' dry; Fresh 'n' Cool; Keen Zeste Fragrant; Sainsbury Family; Spar Spar Antiperspirant; Tip Top Tip Top Antiperspirant.

## F Men

British Products Blue Ridge (extra dry anti-perspirant); Blue Ridge (deodorant); Cache D'Or Cache D'Or; Coty-Goya Cedar Wood Body Spray; Faberge Brut 33 Body Spray; Brut 33 Deodorant; Brut 33 Antiperspirant; Brut 33 Musk Deodorant; Brut 33 Musk, Antiperspirant, Turbo; Haventrail Clubman Antiperspirant; Medicare Medicare Body Spray; for Men; Playboy Playboy Antiperspirant; Playboy Body Spray; Playboy Deo-cologne; Sainsbury Antiperspirant for Men; Share Drug Share Drug Body Spray (Bali, Capri, LA, Rio); Statestrong Ltd Shelley.

### For Women

British Products Charm (body spray deodorants); Charm (antiperspirants); Chesebrough-Ponds Cachet Deodorant Aerosol; Co-op Sheer Silk Body Spray (Jade, Amethyst, Turquoise); Coty-Goya Body Sprays (all fragrances); Haventrail Expose Body Spray; Expose; Napa L Perfume Body Sprays; Sainsbury Antiperspirant Deodorant; Statestrong Ltd Shelley, Voodoo; Tip Top Tip Top Antiperspirant, Blue Mist, Tip Top Tip Top Antiperspirant, Pink Mist.

### Depilatories

Carter Wallace Nair; International Chemicals Immac Regular; Immac Lemo; Richards & Appleby Legs in Action; Scholl Smooth Touch Moisturising Legshave Mousse.

### Foot Preparations

Scholl Foot Refresher Spray; Cooling Foot Spray.

### Hand Lotions

Amway Alano Hand & Body Lotion.

### Insect Repellants

Bayer Autan.

### Lens Cleaners

Amway Clean 'N' Clear.

### Perfumes and Toilet Waters

Max Factor Le Jardin.

### Shave Creams

Asda Asda Shave Foam Regular; Asda Shave Foam Cologne; Asda Shave Foam, Sensitive Skin; Beecham Brylcream Shave Foam; Boots Boots for Men Shave Foam, Flint Shave Foam; British Products Blue Ridge; Colgate-Palmolive Palmolive Rapid Shave Regular; Palmolive Rapid Shave Alpine Fresh; Palmolive Rapid Shave Spice Fragrance; Palmolive Rapid Shave Cologne Cool; Co-op Original Shave Foam, Lemon Shave Foam; Elda Gibbs Erasmic Superfoam; Denim; Faerge Brut 33 Creme Shave; Turbo; Gateway Gateway Shave Foam Citrus; Gateway Shave Foam Cologne; Gateway Shave Foam Sensitive Skins; Gillette Foamy, Special, Contour; Goya Cedar Wood Foam Shave; Matchroom Foam Shave; Haventrail Clubman Shaving Foam; Playboy Playboy Shave Foam; Sainsbury Shaving Foam (Regular and Sensitive Skin); Shulton Old Spice Smooth Shave; Blue Stratos Smooth Shave; Insignia; Tesco Tesco Shaving Foam (Regular and Citrus); Waitrose Shaving Foam.

### Skin Care Products

RoC Wrinkle Treatment Emulsion for Dry Skin; Wrinkle Treatment Emulsion for Normal/ Combination Skin.

Sun Tan Preparations

Charles of the Ritz Ritz Bronze Self Tanning Foam; Statestrong Ltd Shelley Legs 'n' Body.

Miscellaneous

Amway Sweet Shot; Beecham Fenjal Body Mousse.

## Household products

### Carpet and Upholstery Cleaners

Domestic Fillers Big D Carpet Cleaners; Johnson Wax Glory.

### Cleaners

Jeeol Speed Clean; E R Howard Brite 'N' Clean; Kleeneze Household Cleanser; 3M Scotchite Systems Spray Cleaner A-101; Odex Oxed Clean Foam.

### Fire Extinguishers

Kleenze Fire Extinguisher.

### Furniture Polish

Amway Buff-up Furniture Polish; Applied Chemicals 1-23; Asda Wax Polish (Natural, Lemon, Lavender); Boots Beeswax Polish; Bowmar Hail Furniture Polish; Briggs Anti-Quax Wax; British Products Sarmex Polish (Lavender, Lemon and Natural); Charm, Charm Spray Shine; Co-op All Purpose Polish; Beeswax Polish; Clean & Shine Polish; Furniture Polish; Furniture Polish with Bouquet Air Freshener; Silky Furniture Polish; Diversey Handipak Furniture Polish; Domestic Fillers Big D Polish; Big D Furniture Polish; Fine Fare Yellow Pack Wax Polish; Yellow Pack Clean & Shine; Gateway Furniture Polish; Multi Purpose Polish; Haventrail Provence Furniture Polish; Provence.

### Provence; E R Howard Tops Teek Off Spray; Tops Original English-Lemon; Tops Original English-Traditional; Joyes Joye

brite Wood Polish; John Lewis Jonelle Furniture Polish; Johnson Wax Pledge; Teak Wood Care; Keen Glowman; Medicare Beeswax Polish; Mrs Mop Beeswax Polish; New Hygiene; Sentinel Silicone Wax Spray Polish; NIB Really Nice; Nichol Deep Glow Polish; Nichol Supershine; Odex Spray Polish; Safeway Fine Wood Beeswax Polish; Furniture Polish; Shine; Sainsbury Clean & Shine; Beeswax Polish; Lavender Spray Furniture Polish; Spar Beeswax Polish; Spar Household Cleaner; Spar Furniture Polish; Super-shine Polish; Tesco Tesco Furniture Polish; Thomas Queen Bee Polish; VG Beeswax Polish; Furniture Polish (Lemon and Lavender); Wellcome Hi-Fi Polish.

### Gardening Sprays

Fisons Fisons Lawn Spot Weeder; Horticulture Rentokil Path & Patio Weed Killer.

### Hard Surface Cleaners

Asda Multipurpose Polish; Boots Multipurpose Polish; Bowmar Hail Stainless Steel Cleaner; Bristol-Myers Mr Muscle; Co-op Co-op Clean 'n' Shine; Silky Supershine; Haventrail Provence; E R Howard Spray 'N' Clean; Joyes Clean Shine; Johnson Wax Sparkle Antistatic; Keen Keen Easilife; Kleeneze Household Cleanser; Medicare Clean and Shine; Mrs Mop Clean and Shine; Nichol Supershine; Odex Oxed Clean & Shine; Clean Foam; Safeway All Purpose Polish; Servisol Foam Cleaner; Share Drug Clean and Shine; Spar Super-shine; Waitrose Clean and Shine.

### Oven Cleaners

Bristol-Myers Mr Muscle; British Products Sanmex Oven Cleaner; Domestic Fillers Oven Cleaner; E R Howard Easy off; Kleen-off Oven Cleaner; Keen Keen Oven Cleaner; Mrs Mop Mrs Mop Oven Cleaner; Safeway Safeway Oven Cleaner.

### Room Fresheners

Amway Green Meadows; Asda Dry Air Fresh; Bayer Bayfresh; Betterworld Country Garden; Boots Air freshener; Boots Air Freshener; Bowmar Riviera Airfresh; Lords Airfresh; BP Detergents BP Air Freshener; British Products Charm Air Freshener; Sanmex Air Freshener; Cromessol Air Freshener; Co-op Dry Air Freshener; Original Air Freshener; Silky Dry Air Freshener; Cooper Freshaire (all fragrances); Domestic Fillers Big D Air Freshener; Big D Air Freshener Dry Carpet Freshener (Bouquet & Lavender); Fine Fare Yellow Pack Airfresh; Gateway Air Freshener; Haventrail Provence Air Freshener; E R Holloway Gnome Air Freshener; Wizard English Rose; Wizard Lavender; Wizard Bathroom; Wizard Carnation; Wizard Freesia; Joyes Airzone; Johnson Wax Glade; Glade Dry; Keen Deodorising Air Freshener; Keen Jasmine Air; Lemon, Zeste; Kleeneze Citrus Mist; Medicare Air Fresh; Mrs Mop Dry Air Fresh; Napa Brocade Air Freshener; NIB Really Nice Air Fresh; Nichol Nichol Air Fresh; Odex Air & Fabric Freshener; Odex Fresh Air; Permaflex Perma; Safeway Room Fragrance; Sainsbury Dry Air Freshener Range; Spar Dry Air Freshener; Temana Cooper Freshaire; Tesco Dry Air Fresh; Premium Air Freshener; Tip Top Dry Air Fresh; Wellcome Freshaire.

### Starches

Boots Spray Starch; Bowmar Hail Starch; British Products Sarmex Starch; Co-op Silky Starch; Spray Starch; Domestic Fillers Big D Starch; Haventrail Provence; E R Howard Easy On; John Lewis Jonelle Spray Starch; Keen Keen Spray Starch; Medicare Spray Starch; Nichol Spray Starch; Safeway Safeway Spray Starch; Sainsbury Spray Starch; Share Drug Spray Starch; Waitrose Spray Starch.

### Window Cleaners

Amway See Spray; Briggs Antiquax Chandelier and Glass Cleaner; British Products Sarmex Window Cleaner; Cleano Window Cleaner; Deb Debby Glass Cleaner; Domestic Fillers Big D Window Cleaner; Pink Window Cleaner Liquid; Mrs Mop Window Cleaner.

### Miscellaneous

Domestic Fillers Disinfectant Deepine; EPI-gas Gas Cartridge; Sun Electric Rocket WD-40; Taymar Gas Cartridge (RF80, RF89, 3500).

## Smokers' requisites

Cigarette Gas Lighter Refills  
British Products Dix; Bryant & May Swan, Clipper; Domestic Fillers Gas Refills; E R Holloway Gnome Lighter Fuel; Lytagas; Keen Craftsman Refill; Imco Refill; Newport Refill; Madison Refill; London Refill; Corona Refill; Sarome, Falcon, Calor, Win, BF Gas; Nichol Butane Gas Refill; Permallex Flexolite Gas; Flexolite Universal Gas; Permagas-MCA; Purafame; Flexolite Ronson Multi-fill.

PRESSURE ON THE COMPANIES RESPONSIBLE IS GROWING:  
ELIDA GIBBS (WHO AMONGST OTHER THINGS PRODUCE 'IMPULSE' AND 'HARMONY' SPRAYS), HAVE SAID THEY WILL PHASE OUT CFC'S FROM THEIR OWN LABEL RANGE, BUT NEITHER STORES IS PREPARED TO STOP STOCKING BRANDED PRODUCTS WHICH CONTAIN THE GASES.

### ON THE DOLE

There aren't 4 million unemployed.  
 They just don't care to work.  
 There are jobs if they want them.  
 They only have to look.

You do not exist.  
 You have no job-no label.  
 Without the box confining you.  
 You float-undefined.

You are aimless,you are nameless.  
 Unseen,unheard,unnoticed.  
 You don't fit.We don't want you.  
 We don't care,don't want to know.

There aren't really 4 million unemployed.  
 There's more-caught and lost in the maze  
 Of new schemes courtesy of our caring government.  
 You're not even a number in the statistics anymore.

Jacqui Finn Dec '87

### "THE WEALTH OF NATIONS"

Trendy accountant acted out  
 In ad for yuppie bank account:  
 Interest lucrative and fair;  
 Accountant smiled with synthetic air.  
 A strand of emerald cloud  
 Stretched across the evening sun  
 Like nasal mucus; and, head bowed,  
 The failed suicide clenched his fist in the dark.  
 The businessman with a perforated ulcer  
 Doubled up in agony.  
 The judge called the A.L.F  
 "Enemies of society".  
 The soft-porn newspaper said rapists should hang...  
 And the blood-speckled balance sheet  
 Records optimistically  
 The growth of the bloody economy.

Robert Yates

### Black and White, Or is it?

Who am I to be moved  
 in my luxury,  
 my liberalism,my concern is patrony.

My beliefs-mere shadows,  
 inconsequential as the wind breathing through  
 someones hair,as they stand resolute,  
 and truly risk all  
 For they have everything to risk  
 For they have precious little to lose.

And I am a part  
 a subscriber  
 A benefactor of their labours and their  
 ancestors labours before them  
 And we recognise none of it  
 But arrogantly claim it all as our birthright  
 Ours by us created and therefore ours to squander.  
 And I do nothing  
 or do I?

Jacqui Finn

## more poetry

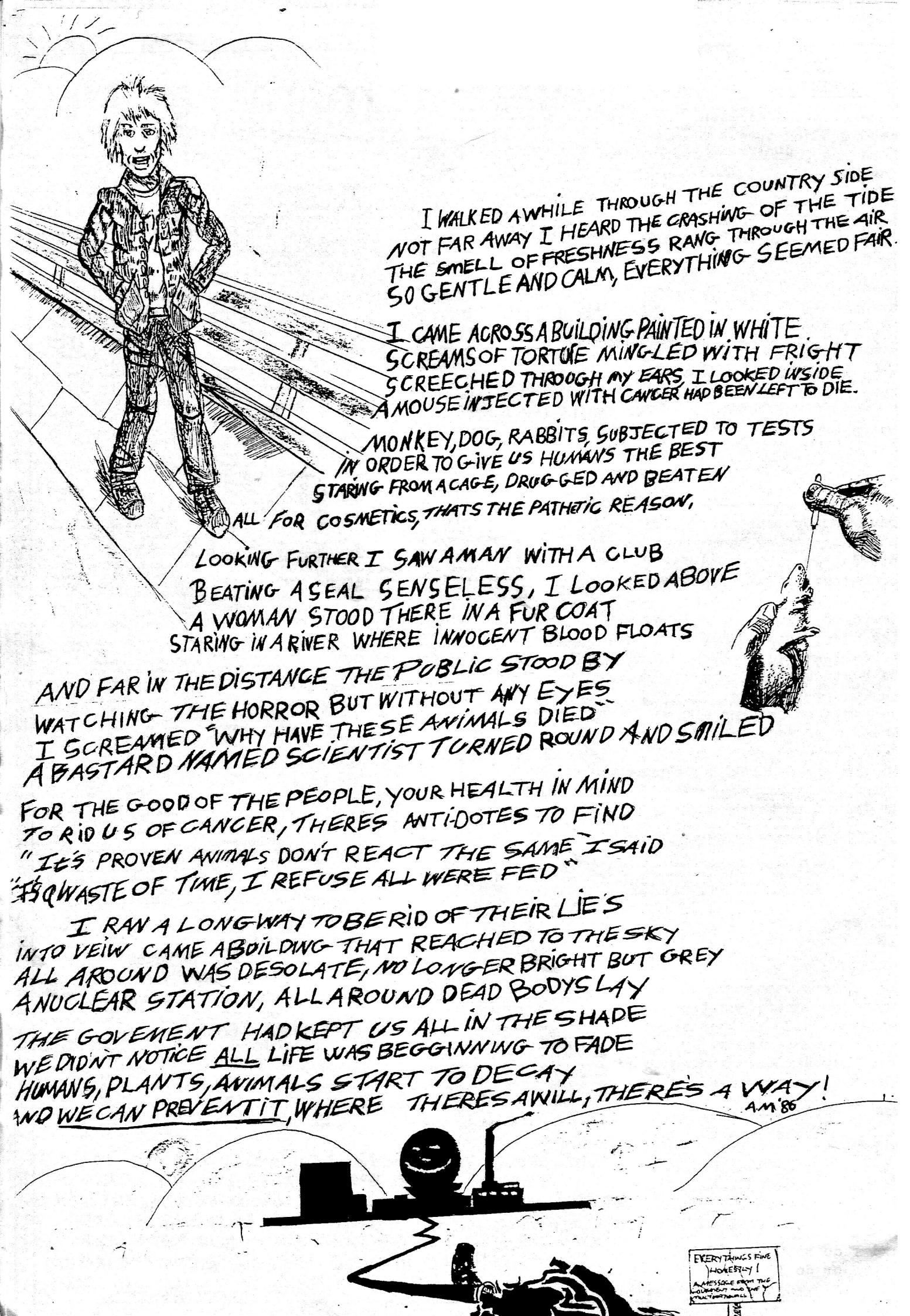
I'm three months old today  
 And the birthday gift for me is a pair of bright blue eyes  
 So some day I will see  
 I've already got my legs a little podgie nose  
 And at the end of my feet are what you call toes  
 Where are we going I wonder today  
 On the bus in the bath or far away  
 Bang through two doors all the people in green  
 If they hurt you mummy run and scream  
 They're hurting me mummy they're pulling me apart  
 My arms my legs they're stretching my heart  
 Goodbye mummy-mummy goodbye  
 Thanks for trying but I won't see the sky  
 I won't see the birds the grass or the trees  
 I won't even feel the cool summer breeze  
 I loved you mummy I really did do  
 And I hope dear mummy that you loved me too

Tracy.

### TO MY EX-GIRLFRIEND

In your little  
 Policed world  
 You protect yourself  
 With cases  
 Against a person  
 You promised  
 Was your friend  
 I have no need  
 For this shit  
 My life is  
 Complicated  
 Enough as  
 It is  
 You don't need  
 To make it worse  
 You don't have  
 To make it worse  
 But you did.

Pete Nov.'87



# The Housemartins

I decided to interview this band as a change from the usual fanzine material, and also to see if they are sincere in what they are doing or not. Has Guernica sold out? Have the Housemartins sold out? For all this and more, read on...

PAUL HEATON: VOCALS AND HARMONICA

STAN CULLIMORE: GUITAR AND VOCALS

NORMAN COOK: BASS AND VOCALS

DAVE HEMINGWAY: DRUMS AND VOCALS

WHAT WAS THE INSPIRATION BEHIND THE HOUSEMARTINS, AND HOW AND WHEN DID YOU FORM?

The inspiration was just to make music really and we were formed in late 1984 as a four-piece. There was a political thing as well, it was during the miner's strike and so we were very political at the time, so there was that inspiration behind it.

WHY DID YOUR OLD DRUMMER LEAVE THE BAND?

The explanation he gave to the band was that he was generally sort of pissed off with the music business and his position and what he was doing personally and all that sort of stuff. He didn't like doing most of the things that the job entails.

AS THE BAND IS MORE FAMOUS NOW, DO YOU FEEL YOU HAVE TO COMPROMISE SOME OF YOUR VALUES, OR TONE THEM DOWN—OR DO YOU THINK POPULARITY HELPS YOU SAY WHAT YOU WANT?

I did feel that popularity helped us say pretty much what we wanted. I've toned down some of the things I've said simply because simply because I've said them so many times before and I try to say them in a different way I suppose. I don't know if they're toned down or anything. I don't know, there's been a couple of things where I've thought well physical violence could ensue from this as I'm a recognised face locally, and I've worded it perhaps a little more carefully than I would've a year ago before my face was all over the papers and television and shit.

YOUR NEW ALBUM, "THE PEOPLE WHO GRINNED THEMSELVES TO DEATH", HAS SOME STRONG LYRICS IN IT. WHERE DO YOU GET THE IDEAS BEHIND THE SONGS?

Personal experience or just personal judgement. I was looking back over the old text books I used to keep at school, and there are some pretty strong words in there, and I think it's just gone down. I think I've always written things down. Although I didn't look through those like my lyrics, I think you tend to fall back on your history as a human being.

DOES THE BAND THINK THAT THE MESSAGE WITHIN A SONG IS AS IMPORTANT AS THE MUSIC ITSELF? WHAT DO YOU THINK OF CHARACTERS LIKE BOY GEORGE, SIMON LE BON, WHITNEY HOUSTON ETC?

I've always thought they were of equal importance. I've never been able to listen to straightforward political lyrics without there being a melody. I didn't like the thrash bands during punk but I did like bands like the Clash. I don't like straightforward melody music much. Well I don't know I do. When it comes to politics I think it's important to give people something other than just politics and give them something to actually listen to, other than just politics.

I think to the intelligent part of the population I think they're pretty see-through, people understand that they're phoney, plastic music, and they'll take it for what it is—disposable and transparent. Well obviously I don't agree with them, I mean music does sell and it does seem to fit together (referring to Housemartins music). I don't think anyone listens to it and thinks "Christ, that doesn't fit together", "That sounds a bit unusual". It fits perfectly really, it just sounds like any other pop band really. It doesn't stick out that much on the radio.

IN YOUR NEW LP, A LOT OF THE LYRICS EXPRESS A DISGUST OF INEQUALITY AND A (VIOLENT?) DISLIKE OF THE TRENDY RICH (CORRECT ME IF I'M WRONG). HOW CAN THIS SITUATION BE CHANGED? WHAT DO YOU THINK OF ANARCHISM?

I'll answer the second part. A lot of lyrics were—I don't know what word to use—anarchistic. With anarchistic destruction in mind as an option sort of thing. I suppose they were in preparation for the election really.

I haven't really pinned me colours in the anarchy corner before but I have got quite a few links with ideas like that. I've got leanings but quite simply I don't get on with anarchists really.

**The People Who Grinned Themselves To Death**  
They smiled so much and waved their flags  
As she saluted to the military band  
Most of the people failed to see  
She had a broken bottle in the other hand  
And she took them by surprise  
When she took them by the throat  
And said "My friend you're not allowed to vote"  
But they shook it all off  
With a nervous laugh and cough  
"Next time," she said "I'll let those people choke"  
**Chorus**  
The people who grinned themselves to death  
Smiled so much they failed to take a breath  
And even when their kids were starving  
They all thought the queen was charming  
She polished all upon the wall  
And ran her hands right through her hair  
So if the lady took the time to call  
All the houses on the street would not compare  
And she thought it really funny  
That she hadn't any money  
But those she spoke up to, they had.  
But they shook it all off  
With a nervous laugh and cough  
And when they took her riches it was sad  
**Chorus**

AND THERE'S MORE...

...because I don't believe in dropping out as such, which a lot of anarchists do believe in. I'm not exactly sure how to change society, I've always thought that it would come with a mixture of reformism and direct action against the state. I've had a lot of arguments with people who believe in revolution or reformism who can't understand that both can happen. They have happened in the past and will carry on doing so. I think gradually we'll just progress. Violence against the state definitely helps progression.

SOME SHOPS SELL YOUR RECORDS FOR £6.50(LIKE HMV), AND A LOT OF PEOPLE WOULD SAY THAT THIS WAS TOO EXPENSIVE. WOULD YOU MIND IF PEOPLE STOLE OR PIRATED YOUR MERCHANDISE?

No I wouldn't mind at all, especially not a record, as long as you get away with it. I don't give a toss, but I think pirating might be a little bit different, because with pirating we're not in control of quality; which quite often means you'll get a duff shirt or a duff tape with a lot of surface noise on it. But actual straightforward theft of something that is meant to be ours is fair enough, because it's not purely ours a lot of it is the record company's product really, and we're the workforce claiming a percentage out of it: so it's gonna hit the record company more than anyone else. All this shit about, "Home-taping is killing music"; it's not affecting my profit margins that much. I don't feel pillaged at all by home taping. It's as a result of high record prices, and high record prices are killing home taping, no!, high record prices are killing music basically. They make music inaccessible which is why people home tape; what they mean is, "Home taping is cutting down on our profit margins"-that's what it should say on the inner sleeve. So it doesn't bother me at all; good luck if you're trying to nick summat as long as the quality is all right-the same with pirating.

WHY ARE THE BAND STILL BASED IN HULL? ARE YOUR ROOTS FIRMLY IN THE NORTH?

Where's this letter from? (Sean tells him). I just find it preferable all round socially, business-wise, everything. There's an element of inconvenience when you're first setting out on the road to London and you've got to sell yourself and get a record contract. It's a lot of strain going up and down but once you've sold the name there's no reason to go. I mean I'm sure Frankie Goes To Hollywood could live in Liverpool and could get journalists up and show them Liverpool. A lot of bands don't choose to do that and they choose to move to London. I mean this is nothing against London in particular but it's just the way things are, I just prefer living here-always have done and always will probably.

WHAT DO YOU THINK OF THE MAINSTREAM PRESS? HAVE THEY PRINTED ANY OUTRIGHT LIES ABOUT YOU?

What I thought about the mainstream press is pretty much what I think of them now (the same that is). The fact that they have printed lies hasn't changed my opinion on them.

I was out with Steve and we had a bit of a fracas with a bouncer and a month or so later it appeared in The Sun, which is the only one guilty of printing out and out lies. It appeared that I'd been beaten up by nazi skinheads and the word spread around and most people thought I had been, including relatives. That's quite a good example.

IS YOUR KIDS FOOTY TEAM STILL GOING?

It was almost like a club with 3 teams, I think there's only one team left now. But they're top of the league, I don't want to rub it in but they're top of the league. I should've cut it out of the local sports mail but they're top of the league for the first time in their history I think. They're a very good side, me and my dad went to watch them the other week and they played brilliantly. It was 2-all and it was a ding-dong battle, yeah it was a very good match, they've definitely improved.

ANYTHING YOU WANT TO SAY TO THE SEETHING MASSES OUT HERE?

Seething masses, is that the name of the fanzine? (He is enlightened). Well I haven't been to Guernica but I have been to Belsheet(??) which is a similar sort of place. Well I hope the zine sells well and the free Housemartins tape that goes with it.

This interview took place on 20/11/87 with Paul Heaton, with questions by Nick being asked and put onto tape by Sean Welch. Many thanks to Paul and Sean and also thanks to Janice for sending it back. Still haven't got the free Housemartins tape though...

Their address to write to is: 173 Newland Avenue, Hull HU5 2EP

the housemartins have now split up (June '88)

**Me And The Farmer**  
Me and the farmer get on fine  
Through stormy weather and bottles of wine  
If I pull his weight he treat me well  
And though I can't work where he plays  
Farmer is a happy man  
Mous rates high everywhere  
Cause taxes gave and farmer taxes  
Chorus  
Want the et al? probably no  
Want the let go? probably no  
Why does he treat you so? I just don't know  
Why does he treat you so? I just don't know  
Me and the farmer like brother like sister  
Getting on like hand and finger  
Me and the farmer  
  
He chopped down sheep, planted trees  
And helped the countryside to breathe  
Ripped up fields, built fences  
And worked his workers right around the clock  
It may seem strange but God damn it  
Intention's aren't exactly true  
And though own loves his wife a bit  
He hates the farmer through and through  
Chorus  
All things bright and beautiful  
All creatures great and small  
All we've got is London Zoo  
Cause farmer owns them all

**We're Not Going Back**  
Do you remember the good old days?  
An simple, strong and a tool-sharpening face  
Do you remember how it used to be?  
The walking road in the factors  
I won't talk because  
It's not as it was  
You don't want me back  
Then don't pull your cap  
Chorus  
We are not going back! Don't back pedal down a broken track  
(We are not going back) 'm alright Jack' is an easy trap  
(We are not going back) No more need for wearing all black  
(We are not going back) 'm alright Jack' is an easy trap  
Do you remember the daily pain  
Of walking around with a ball and a chain?  
Do you recall when it was hard but fair?  
You got your share on a line of a prayer  
Please put in my box  
Some money for sticks  
Don't turn back the clocks  
It's not as it was  
Chorus

**Johannesburg**  
Please don't see your soul to me  
I think I see the light shine through  
And please don't greet me on the street  
I'd like to see a world without you  
Chorus  
Cause I've found there's nothing more  
That I could say to you  
Nothing I could do to change your mind  
Please don't change your ways and your tune  
Please don't change your uniform  
And start to mourn the thousands dead  
And please wear what you've always worn  
And don't be drawn by what I've said  
Chorus  
So please don't feel you have to sway  
Or move away from how you feel  
And please say what you mean to say  
And always stay with a heart of steel

# BITS AND BOBS

AS PROMISED IN ISSUE ONE HERE'S A COPY OF THE BUST CARD FROM RELEASE, SHOWING YOUR RIGHTS IF YOU ARE ARRESTED:

## release RIGHTS ON ARREST CARD

For information and help in dealing with the Police, the criminal courts or drug problems, contact:-

**01-603 8654**

(24 Hour emergency  
— operator referral)

In practice, you have few enforceable rights against the police: even evidence illegally obtained by them can be used against you in Court.  
**REMEMBER:**

1. Don't get drawn into conversations with the police. Even apparently innocent remarks can be used against you. You do not have to say or write anything, or sign any statement. You have the right to refuse to answer all police questions, and most people are better off remaining silent when being questioned by the police. If the police suspect you have committed any offence, you can be arrested if you refuse to give your name and address, or if the police aren't satisfied with the address you have given.
2. If in doubt, do and say nothing until you have contacted your solicitor, Release, or the Duty Solicitor.
3. If anything you ask for is refused, ask why and remember the reason given.
4. As soon as possible, make full notes of what has happened and give them to your solicitor. These can be used as evidence in court. If you have been injured, go and see a doctor as soon as possible, giving a full explanation of your injuries.

**ON THE STREET – IF YOU ARE STOPPED:**

1. Check police identity, ask to see their warrant card, and remember any details. If they are uniformed, remember their numbers.
2. If you are stopped and searched in the street, ask why. The police can stop you in any public place if they suspect that you are in possession of 'prohibited articles' such as offensive weapons, stolen goods. On the street, the police can only search outer clothing such as coats, gloves etc. If the police suspect that you are in

possession of illegal drugs, the police can take you to a police station for a more thorough search without formally arresting you. Police should show evidence of identity before searching you, and must keep a record of the search.

**IF YOU ARE TAKEN TO A POLICE STATION:**

1. Don't rely on any legal advice the police offer you.
2. Ask if you have been arrested, and if so, why. Ask to see the custody officer as soon as you arrive at the police station, and make sure that the starting time of your detention is correctly recorded. Remember that the reason for your arrest and detention is recorded at the top of the police custody record, as is the need for the police to ask whether you need a solicitor or relative informed. Make sure you know why you're being held. The nature of the possible charge determines your entitlement to rights in the police station.
3. Ask the custody officer to phone your solicitor, the Duty solicitor, or Release. Insist that a friend or relative is informed of your arrest. You have the right to have someone informed without delay unless you are being detained in connection with a 'serious arrestable offence' (P.A.C.E. Act section 56). If you are being held in connection with a 'serious' offence, police can delay access to solicitors and relatives in specific circumstances. If they do refuse access, ask why, and insist that the reason is recorded on your custody sheet. Even if the police are confident that there are grounds for refusing access to a solicitor or relatives, they have to allow access before 36 hours has expired.
4. Ask to be charged or released. Unless you are suspected of a 'serious' offence, you must be

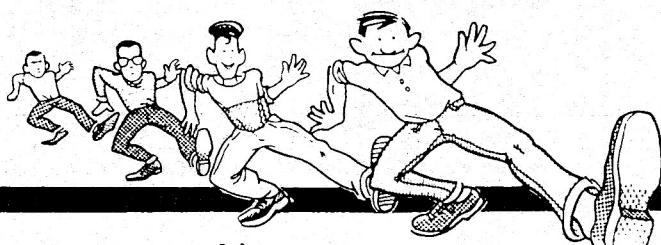
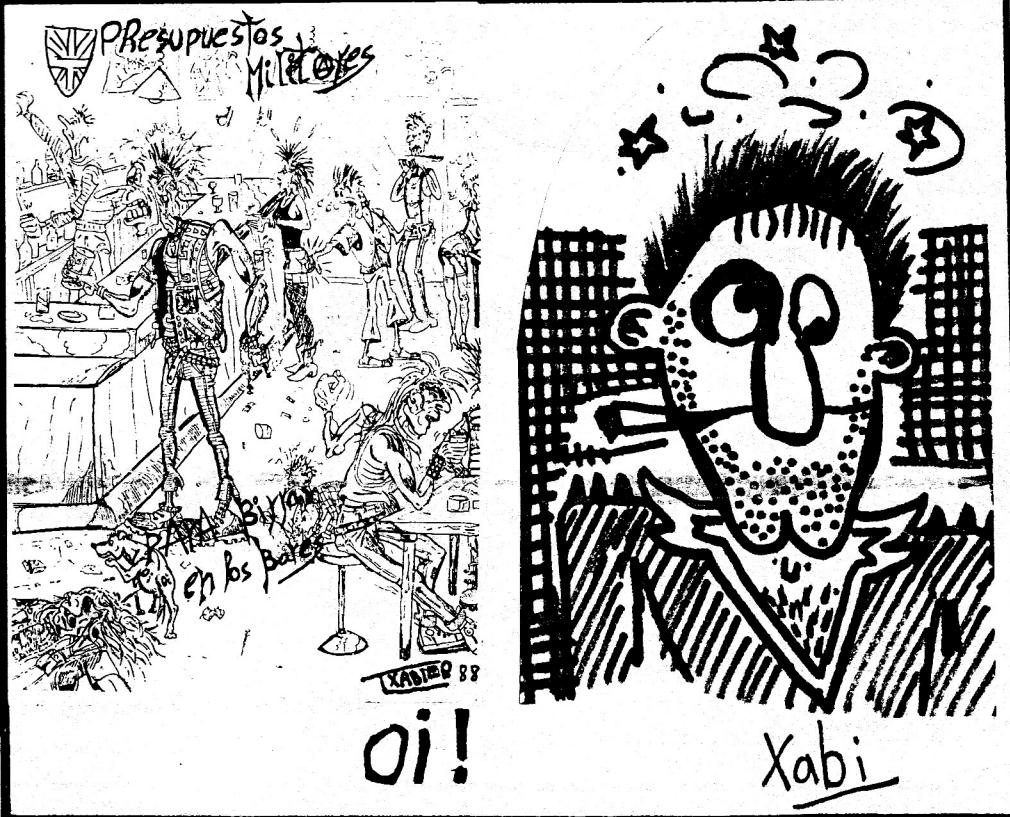
released or charged within 24 hours of detention, and you have the right to consult a solicitor at any time. Make sure that you request to see a solicitor and the time of the request is recorded by the custody officer. Whatever the police say, you should NEVER sign the custody sheet saying you don't want to see a solicitor. Insist on seeing one. If you are held in connection with a 'serious' offence, you can be held for up to 36 hours without access to a solicitor, without being charged, if certain conditions are satisfied. For guidance, ask the police for their codes of conduct on detention. You have the right to see a solicitor, and a magistrate may order your continued detention in the police station for up to 96 hours, with a series of reviews. If, after 96 hours you have still not been charged, you have the right to be released.

5. In order to get bail (i.e. released from the police station before going to court) you will probably have to satisfy the police that you have a fixed address. **REMEMBER – DO NOT SAY ANYTHING TO THE POLICE UNTIL YOU HAVE SEEN A SOLICITOR**

**IF YOUR HOME OR WORKPLACE IS TO BE SEARCHED:** The police do not need a warrant or your permission to enter your home in order to arrest someone, but in theory, they should name the person sought. Searches can sometimes be conducted without a warrant, but in all cases you should ask the police to identify themselves, and ask the reason for the search. You are entitled to see a copy of the search warrant.

If you need to see us,  
please ring first for an appointment

RELEASE, 169 Commercial Street, London E1 6BW  
(01 377 5905) (Monday-Friday 10 a.m.-6 p.m.)



173 NEWLAND AVENUE, HULL HU5 2EP.

CONTACT THE HOUSEMARTINS AT THE HOUSE OF STRANGENESS

## DYING FOR A DRINK? - State Sanctified Social Substances

alcohol, the "socially acceptable" drug is now Britains' third largest killer behind heart disease and cancer. It costs £2 billion a year, in hospital bills, absenteeism from work and road accidents. Estimates put alcohol related deaths between 4000-40000. The average for every person over 15 is 239 pints of beer, 9 pints of spirits, 25 pints of wine and 12 pints of cider a year...

Alcohol is responsible for 52% of deaths by fire, 62% of serious head injuries to males, 45% of fatal road accidents involving young people, 33.3% of domestic accidents and 30% of all drownings!

500,000 alcoholics! Just imagine the pain their families must suffer; but (for me) the most damning indictment against alcohol is that it is sanctified by the government. Booze makes you stupid! -it stays in your body long after its more noticeable effects wear off-so you stay 'stupified' for days! Capitalists smile with glee each time an addict buys a bottle (if you can't stop drinking booze-or won't-you're an addict!) and again the government cashes in gleaning yet more tax from the income of drinkers, that helps perpetuate the slimy, rancid rotten bag of poot called the nation state! All those bombs paid for by drinking a toxic (and ultimately) deadly substance.

### Smoke Screen

However, we must not let ourselves forget that alcohol has a partner-Tobacco! This wonderful substance(a known carcinogen) is now cheaper (relative to the average wage) than at any time since 1945! Advertising is as heavy as ever-sports benefit greatly- getting more and more young people hooked(as older smokers simply die out!) Nicotine is the most addictive drug known to science!-many ex-herion addicts say it's harder stopping smoking than to stop doing herion! An estimated 50,000 (that's a government statistic so it's probably the lower estimate...) die early from cigarette smoking mainly due to lung cancer, bronchitis and heart disease. Smoking tobacco remains by far the main cause of preventable ill health in Britain today-it's responsible for 1 in 3 of all deaths from cancer.

For every 1000 male teenagers who take up smoking on average,

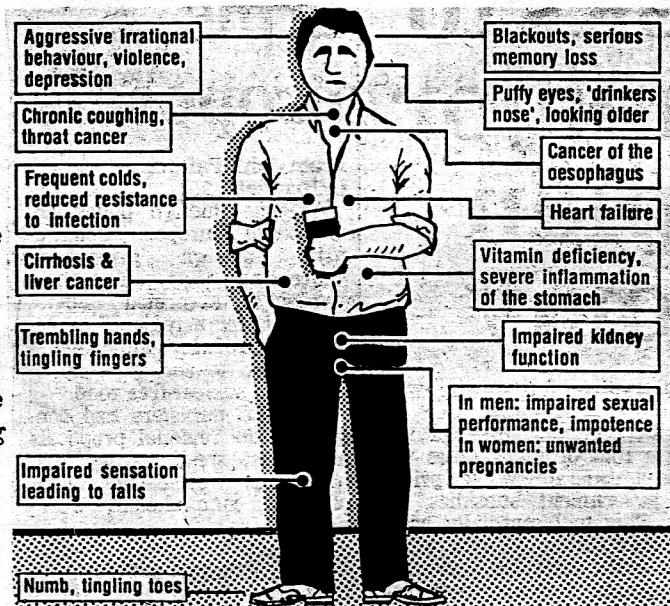
- 1 will meet a violent death
- 6 will die in road accidents

and 250 will die before their time from smoking

And once again the government along with several large multinationals make a vast profit. HM Government make an estimated £4-5 billion a year ( $\frac{1}{2}$  a dozen trident/cruise or several dozen hospitals/council estates/renewable energy power stations) whilst people in the so called third world are forced to grow tobacco, as a cash crop, on plantations, thus denying hungry and deprived people of valuable arable land... Morally, physically and financially tobacco and alcohol make no sense.

Don't give the bastards your money!

Calvy.



- HERBAL REMEDY SPOT: I've found a good herbal remedy for colds is a tea infusion of yarrow, coltsfoot, peppermint, elderflower and hibiscus(a couple of tablespoons is more than enough). Add to this some garlic and ginger with honey and lemon to taste, leave to brew for 10 minutes or so and then drink. I have\*it is better to take the tea just before sleeping. AS a sweat remedy it concentrates on drawing the cold out of your system(often thru' a slight fever) instead of just drugging the symptoms with antibiotic shit . Be prepared to feel slightly worse before you start to feel better but once the cold has gone you will be left with a strengthened immunity system capable of better virus resistance unaided by synthetic drugs.

Mich.

\* found

## A MEASURE OF INSECURITY

"GOD IS A MEASURE OF OUR OWN INSECURITY.." OR SO GOES THE ICONS OF FILTH SONG. OUR, OF COURSE MEANS US AS A, GENERLLY SPEAKING, GOD-FEARING SOCIETY. MOST PEOPLE READING THIS WILL PROBABLY BE INVOLVED IN THE 'PUNK' MOVEMENT IN ONE WAY OR OTHER. SO 'US' IN THIS CASE WILL BE A REFERENCE TO OURSELVES THE 'PUNK' MOVEMENT(?). TAKE A LOOK AT OUR MOVEMENT. THINK ABOUT OUR OWN INSECURITY. YOUR AVERAGE GIG IS A GOOD PLACE TO START. WHAT DO YOU SEE WHEN YOU ENTER THE VENUE? PEOPLE SITTING, PEOPLE STANDING, SKINS, METALHEADS, SPIKEYTOPS, HIPPIES IN FACT A WIDE RANGE OF DIFFERENT FOLK.(EXCUSE ALL THE LABELS) THE THING THEY ALL HAVE IN COMMON IS THAT GLASS BEAKER OF ALCOHOLIC LIQUID(APART FROM THE ODD PERSON) THEIR HOLDING ON TO LIKE TEIR LIFE DEPENDS ON IT. AND IF THEY'VE NOT PURCHASED THEIR FIX YOU'LL SEE THEM CROWDING AROUND THE BAR LIKE A LOAD OF CATTLE, IN FACT 'SHEEP' DESCRIBES THEM TO A TEE. ARE THESE PEOPLE REALLY SO IN SECURE THAT THEY CANT GO WITHOUT A PINT OF LAGER OR WHATEVER THEIR TASTE IS.? I MAKE THIS CONCLUSION FROM HEARING WHAT SOME PEOPLE HAVE SAID ABOUT THE SUBJECT. ONE SCORCHER WAS "NO I'M NOT GOING TO THE GIG COS I CANT AFFORD TO DRINK TONIGHT". IS THAT ALL A GIG IS GOOD FOR, A BOOZING SESSION? I ONCE QUERIED SOMEONE ABOUT THE REVOLTING TASTE OF LAGER AND GOT THE REPLY "WELL ITS AN AQUIRED TASTE ISN'T IT". WHAT THEY MEAN IS THAT ALTHOUGH THEY DONT ORIGINALLY LIKE THE TASTE THEY FORCE THEMSELVES TO TAKE IT IN ORDER TO SATISFY THEIR IMAGE. JUST TO BE LIKE ERYONE ELSE. IF YOU GENUINELY LIKE THE TASTE OF A DRINK(ALOCHOLIC OR NOT)THEY BY ALL MEANS TAKE IT. BUT WHEN YOUR IMAGE BECOMES MORE IMPORTANT THAN YOUR OWN PERSONAL TASTE THEN THERES SOMETHING WRONG SOMEWHERE. YOUR THEN FIND THESE PEOPLE COMPLAINING THAT THEY MISSED THE BANDS OR THAT THERE HEAD IS 'KILLING THEM' WHEN THEY WAKE UP THE NEXT DAY. ARSEHOLES, DONT YOU KNOW THAT A HANGOVER IS THE BODIES REACTION TO SOMETHING TOTALLY UNNATURAL? ALSO AS ALCOHOL IS A DEPRESSANT DRUG IT WILL MAKE YOUR PROBLEMS SEEM WORSE NOT BETTER WONT IT. THAT HAPPY FEELING YOU EXPERIENCE WHILE DRINKING DOSENT LAST LONG. ONE REASON FOR SO MUCH TROUBLE AT GIGS. HOW CAN SOMEONE CARE ABOUT OTHER HUMANS AND ANIMALS WHEN THEY CANT EVEN CARE FOR THE IR OWN BODY? IN THE LAST ISSUE OF 'GUERNICA' THERE WAS AN ARTICLE IN IT GLORIFYING THE USE OF CANNABIS. ALTHOUGH IT IS POSSIBLE TO EAT CANNIBIS(WHICH CAN BE HOME GROWN) MOST PEOPLE PREFER TO SMOKE IT IN A 'JOINT'. WHY GLORIFY SOMETHING CONTRIBUTES TO SLAVE LABOUR,RIGHT WING TERR-ORISTS AND ULTIMATELY THE DESTRUCTION OF OUR BEAUTIFUL PLANET? ARE YOU REALLY A BUNCH OF UN-CARING NEO-NAZIS? COME ON NOW ISNT IT HYPOCRITICAL TO PREACH TO OTHERS ABOUT ANIMAL RIGHTS AND CONSERVATION(ANTI-NUCLEAR) WHILE DOING SOMETHING WHICH IS EVEN MORE UNNATURAL THAN EATING MEAT AND HAS KILLED MORE PEOPLE THAN ANYTHING NUCLEAR(AT THE TIME OF WRITING)? SMOKING(OR SHOULD I SAY CONSUMING) CANNIBIS LEADS TO SCHIZOPHRENIA, AN INCREASE IN BLOOD PRESSURE AND PARANOIA. TOBACCO IS SADLY STILL A COMMON FEATURE OF OUR SO CALLED MOVEMENT. MOST PEOPLE KNOW ALL ABOUT IT BUT SADLY CONTINUE USING IT. UNFORUNATLEY WE ARE NO LONGER TALKING ABOUT PERSONAL BODY ABUSE HERE BUT SOMETHING WHICH AFFECTS NON-USERS AS WELL. TOBACCO SMOKING IS SELFISH AND OFFERS NO ENJOYMENT ~~WHAT~~ SO EVER(JUDGING BY WHAT MOST FOIK HAVE SAID TO ME). I WONT GO INTO TOBACCO TOO MUCH AS ILL BE REPEATING WHAT MOST PEOPLE KNOW FINE WELL BUT ILL SAY THIS,WHY CONTINUE WITH IT? ANY ADDICTION CAN BE OVERCOME IF THAT PERSON GENUINLEY BELIEVES IN HIM/HER SELF. IF YOU WANT TO KILL YOURSELF DONT DO IT IN MY PRESENCE AND DONT FUCKIN KILL ME. NONE OF US ARE PERFECT AND IM NOT TRYING TO SET UP ANY SORT OF RELIGION(STRAIGHT-EDGERS F.O.A.D.) BUT I FIND IT SO PATHETIC WHEN PEOPLE ~~STOP~~ ~~X~~ HAVE TO FOLLOW EACH OTHER LIKE SHEEP WITH SOMETHING SO RIDICULOUS LIKE DRUG TAKING. WISE UP SUCKERS AND THINK FOR YOURSELF FOR A CHANGE. IN THE WORDS OF THE APOSTLES "THE BEST THING WE KNOW TO MAKE US FEEL HIGH IS A HALF-BRICK ~~HOME~~ LANDING IN A COPPER'S EYE". LIVE LIFE, DONT DESTROY IT,

JOHN A.

Black Wedge:is a group of pissed-off individuals from Edinburgh who are trying to do something about the virtually non-existant "scene" up here.The name was meant to be slightly humourous,a piss-take of our left-wing friends(?).Please don't take it too seriously,we're not the new Angry Brigade or something!We are at present trying to get a venue in order to put on gigs(obviously)and to get some sort of a centre as well.By the time you read this we'll have hopefully put on such bands as Generic,Hellbastard,HDQ and the Next World as well as 'local'bands like Oi Polloi,AOA,Maximum Security,State Of Decay,The Disturbed etc... We also take part in such activities as hunt sabbing,picketing,leafletting and flyposting. We believe direct action is our first priority and one of the reasons for the gigs will be to finance hunt sabbing,leaflets and a bust fund.So far we've had 3 donations;£5.75 to

initially open a bank account,£2.50 from Donald Beatstalking and £5 from Colin Douglas, Edinburgh so at the time of writing(Jan 88)we have a total of £13.25 in the bank.Any donations welcome.If anyone has any good flyposters lying around,then send them to us and we'll put 'em up over Edinburgh.Contact:John A,5 bellfield ave,Dalkeith,Midlothian, EH22 3JT

# VEGAN COOKERY

## HUMUS

Humus is a chickpea pâté of Middle-Eastern origins. It is a spicy and rich spread, full of protein. You can use it as a sandwich spread or an appetizer-dip (scoop it up with pieces of pocket bread and sticks of raw vegetables). You can also build an entire meal around a plateful of humus, vegetables and bread. It's filling enough.

If you buy humus in health shops or supermarkets you will probably pay a daft price for a small portion. This recipe may sound fancy, but it's easy to make and is cheap for what you get:

BEGIN SOAKING CHICKPEAS EARLY IN THE DAY (OR OVERNIGHT), YOU'LL NEED COOKING AND COOLING TIME AS WELL.

$\frac{1}{2}$  CUPS RAW CHICKPEAS, SOAKED FOR A FEW HOURS AND BOILED FOR A COUPLE OF HOURS UNTIL VERY SOFT

3 MEDIUM CLOVES MINCED GARLIC

$\frac{1}{2}$  TEASPOONS SALT

DASH OF TAMARI \*

JUICE FROM 2 MEDIUM LEMONS

$\frac{3}{4}$  CUP TAHINI \*

$\frac{1}{4}$  CUP (PACKED) FINELY MINCED PARSLEY

LOTS OF BLACK PEPPER AND A DASH OF CAYENNE

$\frac{1}{4}$  CUP MINCED SCALLIONS OR SPRING ONIONS

MASH CHICKPEAS TO A THICK PASTE, USING A FOOD MILL OR GRINDER OR A MASHER.

COMBINE EVERYTHING AND CHILL THOROUGHLY.

TASTE TO CORRECT SEASONINGS. SOME PEOPLE LIKE EXTRA GARLIC TAMARI OR TAHINI.

\* TAMARI is soy sauce—good concentrated soy sauce. It is available in natural foods stores and in oriental food shops. If you can't find it, a good Chinese soy sauce will do.

TAHINI is a sesame paste used frequently in middle eastern dishes. It is high in protein. Buy it at natural foods shops or imported food departments.

Source: MOOSEWOOD COOKBOOK by MOLLIE KATZEN

## NUTRITIONAL VALUES

Foods required for building and maintaining the body include:

Calcium for the bones and teeth;

Protein for the muscles; and

Iron for the blood.

Protective foods are vitamins, fats and, to some extent, proteins. Food value charts vary a little because so many factors must be taken into account. Soil, weather, time of year, country of origin, storage time (if any), drying or other processing, culture methods, etc. Nevertheless, it is very noticeable, when studying the resulting lists, that certain plant foods are outstanding in their nutritional value. For example:

Almonds (iron, protein, calcium, thiamine, riboflavin, niacin)

Brazils (calcium, protein)

Cabbage (vitamin E, vitamin A, calcium)

Peanuts (niacin, protein, calcium, riboflavin)

Beans (calcium, protein, iron, vitamin A)

Carrots (vitamin A)

Dandelion Greens (vitamin A and C)

Kale (vitamin A and C)

Parsley, peas, red and green peppers, spinach, tomatoes and turnip greens are all valuable sources of vitamins A and C and some calcium. Figs (particularly black ones), dates, oranges, raisins and other dried fruits (calcium and iron).

Dried apricots (calcium, iron, vitamin A and C)  
Wholewheat flour and bread (protein, calcium, iron and carbohydrate).

SOURCE: EVA BATT'S VEGAN COOKERY

### TRACEY'S BIT

When a Rhesus monkey was locked in a small wire cage with compartments of food in front ; he quickly learnt that if he reached for the food it would give electric shocks to the monkey opposite . The monkey chose to go without food instead of letting his companion suffer. Now how come this dumb stupid wild animal that has no feelings , went without food instead of letting the other monkey suffer ; when we, the great human race, won't even vary our diet for the suffering of millions of animals and people ?

In 1984 , the year of Live Aid and other money-raising events for the starving people in Ethiopia , Britain imported 4 million tonnes of high-protein grain to this country to feed cattle to feed you . It seems not only does the great powerful human race permit the suffering and killing of different species of animals , but will also allow the starvation and suffering of it's own breed .

At present Britain has a population of about 56 million ; we are capable of feeding a population of 250 million on an all-vegetable diet .

So if we're such a caring race with such great intelligence , then isn't it about time we started doing something ? Something as simple as changing our diet .

Vegetarianism or Veganism isn't boring , and anyone who says different this message is for you:

It ain't the food that's boring...It's the chef .

Here's a list of non-vegan additives.The non-vegetarian ones are marked with a "£".

The 100's-Colours : (f) E120 cochineal - also called carmine or carminic acid

The 200's-Preservatives : E270 lactic acid (occurs naturally in sour milk )

The 400's-500's-Emulsifiers,Thickeners,Anti-caking agents: 542 - edible bone phosphate (£)

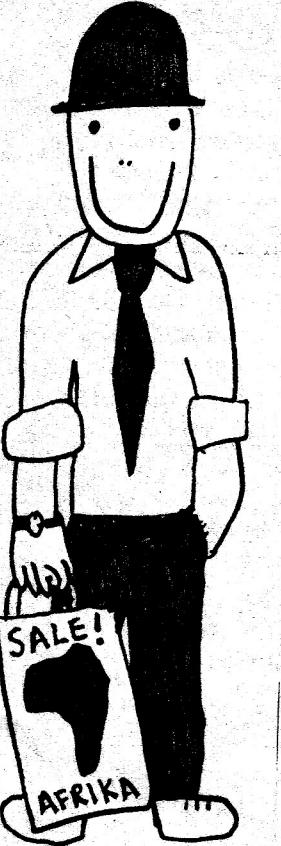
The 600's-Flavour enhancers ; 901 - beeswax

ALSO : E325 - sodium lactate

E326 - potassium lactate

E327 - calcium lactate

### CHARITY AND STARVATION



You'll all remember Bob Geldof's efforts to 'feed the world'- save a few million Ethiopians from the world's worst 'natural' disaster ever. Doubtless you'll all have bought the record and maybe sent in a few £'s of your christmas money. But for most of us it stopped there, unfortunately that 'natural' disaster didn't. The word 'natural' has been put in inverted commas because this disaster, as with most third world disasters, is not at all natural- the reason for it, as usual, is profit.

In the third world there are millions of acres of rain-forests - these are involved in a cycle whereby water evaporates from the leaves of the trees, and clouds are formed and rain then falls- preventing the terrible drought situation which is at present causing starvation in many third world countries. However, these rain-forests are being destroyed at an amazingly rapid rate- 10,000 acres per day (by companies such as 'Coca-Cola' and 'McDonalds') thus ruining the cycle and causing drought and therefore starvation. What I'm basically saying (in a very round about way I know) is if you can give a donation- either to the starving people or say to Greenpeace - who are attempting to reinstate the forests-, please do; I'm sure you can afford to. N.B These forests also provide one-third of the oxygen that the whole world needs - including the 'first world' of the west.

Greenpeace

36 Graham St.  
London  
N1 8LL

Cheques etc to  
"Greenpeace" or  
"Action Aid"

Action Aid

Dept. 02865  
c/o Midland bank plc  
Box 1EC  
52 Oxford St.  
London  
W1A 1EG

Dan.

# AREN'T YOU A BIT TOO OLD FOR THAT SONNY ??

Yet again skating is in the public eye and I begin to wonder whether during this second occurrence it will be accepted(doubtful) or be seen as anti-social. Either way I do not hold much hope for skating once the large companies get a hold of it; they'll squeeze every last penny out of the industry.

Rather pessimistic, some people may think this, however it is not true. If skating was to die again no Japanese co. can cash in on us and the companies who are to skating can keep the products flowing to support the underground scene. People may think that skating was totally wiped out in the seventies and they'd be far from right. Skating has been around for 20 years now and all the time it has been pushed to new limits by the dedicated underground skater. However this does not stop me from taking the piss out of young prats who pose around the city centre holding their new boards (be it Taiwanese or American) with flashy gear on. By the way if any of you are like this, my deepest apologies, I forgot to say FUCK OFF.

Now on a lighter note I'd like to talk about the Newcastle skate scene, yes well it's pretty crap isn't it, but have you looked very far?

Firstly we have a 9-10 foot half pipe in Newcastle, this is at Walker Wheels at the base of pottery bank, Walker (under the bridge). Pads are supplied (they're crap) and it's £1 for a year's membership (you have to be a member to skate the ramp). In town the university is a cool skate spot at night, and the security guys are really friendly. Basically you should be able to innovate yourself and find new terrain, which is a sign of a good adaptable skater. If you need new gear go to Action Feet, Monument, Newcastle.



Basically I've had to ramble on about fuck all as I'm guessing on what you'd like to read. So please any questions on skating/music/maintenance/competitions/worries even fashion if your that fuckin' desperate, please write in, ideas also accepted.

Thanx. SK8 tough. Saul.

## RECORD REVIEW - Shotgun Brides

The Shotgun Brides are a Tyneside band who signed to Neat Records in October '86, and have recently finished a tour of England this March. A friend of mine who was involved in the tour sent me some info about the band with a tape of their new LP called "Nothing Ventured". So here's my review:

The LP starts with a dramatic orchestral intro., and launches into the 1st song, which is the title track. This is quite powerful with a metallish guitar providing the song's backbone. The next song, "Shakin'", is a pretty cliched metal sing-a-long-a-chorus song. The next number, "My Time", is in much the same style with slower parts in it. "Promises" has a catchy tune with hints of Kiss and Bruce Springsteen(?!). The rest of the LP rocks

along in similar fashion. "Rock Hudson" being the track that sticks out on side 2 sounding a bit like The Cult. On the whole this record is very commercial and is full of unoriginal guitar solos and uninspiring choruses. If you're into medium paced metal-influenced rock then this is for you, it's just not for me though.

Nick.

OI!

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facilities for bands and  
businesses. Tape copying  
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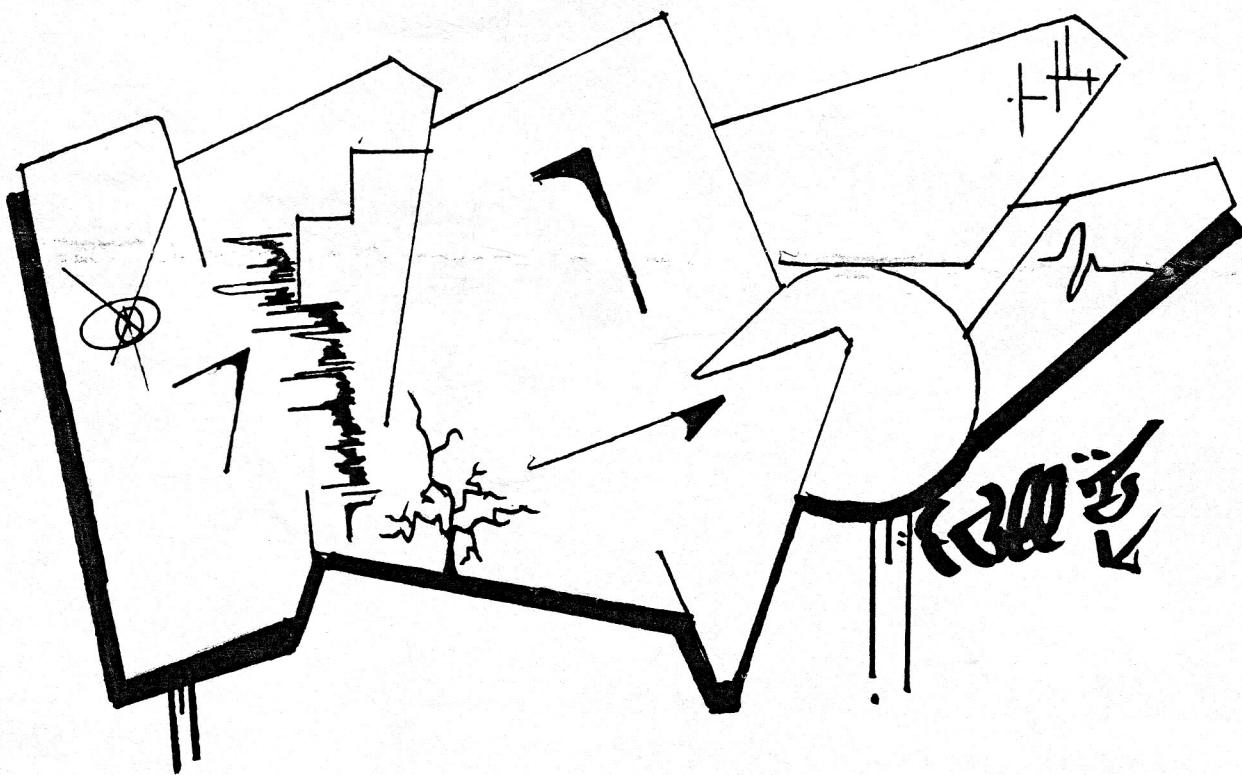
HEY YOU NO GOOD SINNER, DO YOU DO A TAPE, ZINE, RECORD? DO YOU NEED HELP SELLING THEM?  
THEN TAKE MY ADVICE AND CONTACT "CLOCKWORK ORANGE" 'COS IT'S SO PUNK IT'S EVIL!  
BOX 32, 52 CALL LANE, LEEDS, LS1 6DT

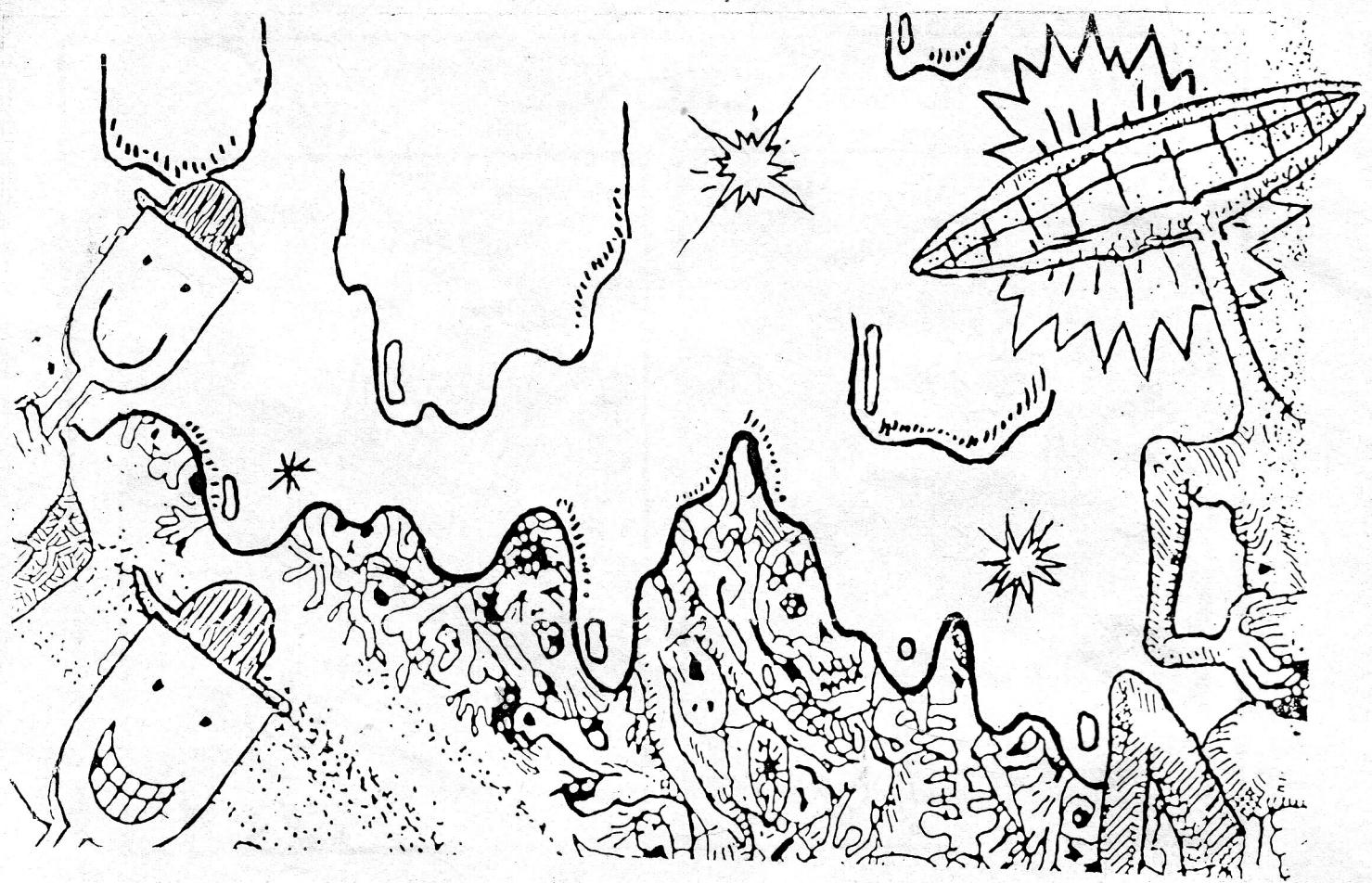
# SPOT THE DIFFERENCE



Atku 87

...I CAN'T !!





NOW THAT YOU HAVE FINISHED READING THIS WHY NOT PASS IT ON TO SOMEONE ELSE ?

THE 30p MOST OF YOU WILL HAVE PAID FOR THIS WILL BE SPLIT 4 WAYS BETWEEN BLACK WEDGE, COMMON GROUND, WESTSIDE ARTS AND MUSIC COLLECTIVE AND GUERNICA. DETAILS ON THESE COMMUNITY PROJECTS CAN BE FOUND INSIDE.

ISSUE 3 SHOULD CONTAIN INTERVIEWS WITH MDC AND THE RHYTHM PIGS AS WELL AS FEATURES ON HOW TO DO A FANZINE, SKATEBOARDING AND LOTS MORE. THE REST IS UP TO YOU.

IF YOU WANT TO SELL GUERNICA THEN GET IN TOUCH.

ISSUE 1 IS NOW SOLD OUT (200 COPIES). 300 COPIES OF THIS ISSUE HAVE BEEN PRODUCED.

